

# Support Groups For the State of Maine

January 2014



*Substance Abuse  
and Mental Health Services*  
*An Office of the  
Department of Health and Human Services*

*Paul R. LePage, Governor*

*Mary C. Mayhew, Commissioner*

## **A REQUEST FOR A MINUTE OF YOUR TIME**

The Office of Substance Abuse & Mental Health Services, Information and Resource Center has put together this directory of support groups in order to help people in the State of Maine find local support groups.

Should you know of any changes or areas starting new meetings, please get in touch with us. We want to provide people with the best possible list of resources. Our contact information is listed below. You may also submit information using the form located in the back of this publication.

If you are using a directory that is more than a year old, please call us to request a new one, as it is updated at least once a year.

**This list was updated January 2014**

Prepared By:

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Maine 211

For health and human services information throughout Maine, call: **211** or visit: [www.211maine.org](http://www.211maine.org). Call specialists are available to help callers locate services 24 hours a day, 7 days a week.

## **Guide to Meeting Types**

A	Accessible meeting location
ABSI	As Bill Sees It
B	Beginners
BB	Big Book
C	Closed
CC	Child Care Provided (Recommended calling ahead)
D	Discussion
G	Gay (Homosexual Men)
L	Lesbian (Homosexual Women)
GV	Grapevine-Subject Discussion
Lit	Literature Discussed
MED	Meditation
SP	Speaker
ST	Step
Tag	Taking Turns to Speak
W	Women Only
Yth	Youth (Early teen to young adult)

## **Guide to Acronyms**

AA	Alcoholics Anonymous (For additional meeting and contact information 1-800-737-6237)
ACOA	Adult Children of Alcoholics
Al anon	For Affected Others of Alcoholics (For additional meeting and contact information 1-800-498-1844)
Alateen	For Affected Teens of Substance Abusers
HTLN	Hotline
MH	Mental Health
NA	Narcotics Anonymous (For additional meeting and contact information 1-800-974-0062)
Nar Anon	For Affected Others of Substance Abusers
OA	Overeaters Anonymous
TOPS	Take Off Pounds Sensibly
TTY	Teletypewriter (telecommunication for deaf persons)

**AA**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
<b>AA</b>					
Abbott Village	D	Thurs	8 PM	Abbot Town Hall, 133 Tenney Hill Rd	
Acton	SP/A	Fri	7 PM	Acton Congregational Ch, H Road	
Alfred	SP/A	Sat	6:30 PM	Notre Dame Spiritual Ctr, 147 Shaker Hill	
Alfred	ST/A	Thurs	6:30 PM	Notre Dame Spiritual Ctr, 147 Shaker Hill	
Andover	D/C	Wed	7 PM	Andover Congregational Ch, 25 Elm St	
Aroostook Jct, NB	D	Mon/Wed	8 PM	Our Lady of Mercy Ch, Main St	
Ashland	D	Thurs	7:30 PM	Community Library, 57 Exchange St	
Auburn	D	Thurs	7 PM	High Street Congregational Ch, 35 High St	
Auburn	BB/D	Mon	7:30 PM	United Methodist Ch, 439 Park Ave	
Auburn	SP/A	Wed	8 PM	St Philip's Ch, 2365 Turner Rd, Rt 4	
Auburn	ST/C	Fri	7 PM	St Michael's Ch, 78 Pleasant St	
Auburn	D	Sat	7:30 AM	St Michael's Ch, 78 Pleasant St	
Auburn	D	Mon-Fri	7 AM	St Michael's Ch, 78 Pleasant St	
Auburn	W/ST/D	Sun	4 PM	Grace Lutheran Ch, 757 Summer St	
Augusta	D/SP	Wed	7 PM	Togas VA Hosp, Bldg 210, 1 VA Center	
Augusta	M/BB	Tues	6 PM	Riverview Psychiatric, Sebago Rm	
Augusta	Lit/BB	Sun	7 PM	St Augustine's Ch, 1 Kendall St	
Augusta	BB/ST/C	Wed	7 PM	Riverview Psychiatric Hosp	
Augusta	SP	Thurs	7:30 PM	St Augustine's Ch, 1 Kendall St	
Augusta	SP	Sat	8 PM	St Mark's Episcopal Ch, 9 Summer St	
Augusta	B	Fri	7 PM	Bread of Life Ministries, 157 Water St	
Augusta	D	Wed	Noon	United Methodist Ch, 13 Green St	
Augusta	D/SP	Mon	6 PM	Riverview Psychiatric Hosp, Sebago Room	
Augusta	D	Mon	6 PM	Kennebec Cty Corrections, 115 State St	
Augusta	D	Tues/Thurs	10 AM	Kennebec Community Ch, 5 Glenridge Dr	
Augusta	BB/D/C	Thurs	7 PM	Prince of Peace Ch, 209 Eastern Ave	
Augusta	D/C	Sun	12:30 PM	Bread of Life Ministries, 157 Water St	
Augusta	D	Sat	10 AM	St Mark's Episcopal Ch, 9 Summer St	
Augusta	D/SP	Tues	7 PM	Bread of Life Ministries, 157 Water St	
Bangor	ST/A	Sun	9 AM	Acadia Recovery Community, 179 Indiana Ave	
Bangor	D/A	Sun	11 AM	Acadia Hosp, 268 Stillwater Ave	
Bangor	B/C/W	Mon/Wed	7:30 PM	Penobscot County Jail, 85 Hammond St	
Bangor	W/BB	Wed	Noon	Congregational Ch, Hammond St	
Bangor	D/A	Sat	11 AM	Peabody Hall, Husson College, Rm 127	
Bangor	D	Thurs	Noon	Acadia Recovery, 268 Stillwater Ave	
Bangor	BB/ST	Mon	7:30 PM	St John's Episcopal Ch, 234 French St	
Bangor	SP	Sun	7 PM	St John's Episcopal Ch, 234 French St	
Bangor	W/ST/D	Thurs	7 PM	Hammond St Cong Ch, 28 High St	
Bangor	D/A	Sat	8 AM	Acadia Recovery Community, 179 Indiana Ave	
Bangor	GV	Mon-Fri	7:30 AM	Acadia Recovery Community, 179 Indiana Ave	
Bangor	D/A	Tues	Noon	Acadia Hosp, 268 Stillwater, Osprey Rm	
Bangor	D/A	Thurs	8 PM	Capehart Community Ctr, 161 Davis Rd	
Bangor	BB/ST/A	Mon-Fri	Noon	Unitarian Universalist Ch, 120 Park St	
Bangor	B/GV	Mon	Noon	Eastern ME Community Ctr, 354 Hogan Rd	
Bar Harbor	D	Wed	7 PM	Mt Desert Island Hosp, 10 Wayman Lane	
Bar Harbor	D	Fri	7 PM	Holy Redeemer Parish, 21 Ledge Lawn Ave	
Bar Harbor	D	Tues-Thurs	Noon	St Savior's Parish Hall, 41 Mt Desert St	
Bar Harbor	D	Mon/Sat	7 PM	St Savior's Parish Hall, 41 Mt Desert St	
Bar Harbor	D	Tues	7 PM	First Baptist Ch, 46 Ledge Lawn Ave	
Bath	B/A	Fri	6:30 PM	United Church of Christ, 150 Congress Ave	
Bath	Lit	Wed	Noon	Church of the Nazarene, 191 Centre St	

## AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Bath	D	Sat	7 PM	United Church of Christ, 150 Congress Ave	
Bath	D	Mon	8 PM	United Church of Christ, 150 Congress Ave	
Bath	D/Lit	Tues	Noon	Church of the Nazarene, 191 Centre St	
Bath	SP/A	Fri	8 PM	United Church of Christ, 150 Congress Ave	
Bath	D/M/A	Wed	7 PM	United Church of Christ, 150 Congress Ave	
Bath	C/W/ST	Mon	6:30 PM	United Church of Christ, 150 Congress Ave	
Beals Island	D	Sat	7 PM	RLDS Church, Main St	
Belfast	BB/D	Thurs	6 PM	St Margaret's Episcopal Ch, 95 Court St	
Belfast	ST/D	Wed	8 PM	First Baptist Ch, 95 High St	
Belfast	D	Mon-Fri	7 AM	St Margaret's Episcopal Ch, 95 Court St	
Belfast	D/A/C	Sun	10 AM	WCGH Ed Center, 118 Northport Ave	
Belfast	D/A	Tues	6 PM	St Margaret's Episcopal Ch, 95 Court St	
Belfast	W/D	Wed	7 AM	First Baptist Ch, 95 High St	
Belfast	GV/A	Mon	6 PM	First Baptist Ch, 95 High St	
Belfast	ST/A	Wed	Noon	St Margaret's Episcopal Ch, 95 Court St	
Belfast	B/D	Sat	Noon	St Margaret's Episcopal Ch, 95 Court St	
Belgrade Lakes	SP/D/A	Sun	2 PM	Union Church, Rt 27	
Berwick	M/BB	Tues	7:30 PM	Our Lady of Peace Ch, 82 Atlantic Ave	
Berwick	B/D	Thurs	7 PM	Our Lady of Peace Ch, 82 Atlantic Ave	
Berwick S	BB/ST/A	Mon/Fri	7 PM	First Federated Ch, Academy St	
Bethel	D	Sat	4:30 PM	Snow Cap Inn, Conf Rm, Sunday River	
Bethel	D	Fri	6 PM	United Methodist Ch, 75 Main St	
Bethel	D	Sun	6 PM	United Methodist Ch, 75 Main St	
Bethel	D	Tues	6 PM	United Methodist Ch, 75 Main St	
Biddeford	D/Lit/B	Fri	7 PM	Southern ME Medical Ctr, Café 4&5,2nd Fl	
Biddeford	BB/Lit	Sat	7:30 AM	Christ Episcopal Ch, 75 South St	
Biddeford	SP/A	Wed	7 PM	Richard Martin Comm Ctr, 189 Alfred St	
Biddeford	D/A	Sat	10 AM	Southern ME Medical Ctr, Café 4&5,2nd Fl	
Biddeford	SP/D	Mon-Fri	Noon	Second Parish Congr Ch, 19 Crescent St	
Blue Hill	D	Tues	Noon	St Francis Episcopal Ch, Hinckley Ridge Rd	
Blue Hill	ST/D	Fri	7 PM	Congregational Ch, Main St	
Blue Hill	D	Wed	7:30 PM	Blue Hill Hosp In Service Rm, 57 Water St	
Blue Hill	D	Mon	7 PM	Blue Hill Hospital Cafeteria, 57 Water St	
Blue Hill	D	Sat	10 AM	Odd Fellows Hall, Main St	
Blue Hill	D/A	Sun	7 PM	Blue Hill Hospital Cafeteria, 57 Water St	
Boothbay Harbor	D	Mon	7 PM	Methodist Ch, 75 Townsend Ave	
Boothbay Harbor	D	Thurs	Noon	Congregational Ch, 1 Eastern Ave	
Boothbay Harbor	ST/A	Sun	6:30 PM	Our Lady Catholic Ch, 82 Atlantic Ave	
Boothbay Harbor	B/D	Thurs	7 PM	Our Lady Catholic Ch, 82 Atlantic Ave	
Boothbay Harbor	BB	Sat	9:30 AM	Baptist Ch Annex, Chapel St	
Boothbay Harbor	D	Wed	7 PM	St Columbia Episcopal Ch, 32 Emery Lane	
Bowdoinham	D/ST	Thurs	7 PM	Long Branch School, 20 Main St	
Bowdoinham	D	Mon	7 PM	Second Baptist Ch, 1 Church St	
Brewer	D/A	Wed	8 PM	St Joseph Ch, 531 No. Main St, Rt 9	
Brewer	D	Sun	5:30 PM	The Barn, 142 Center St	
Brewer	SP/D	Sat	7 PM	The Barn, 142 Center St	
Brewer	M/D/C	Tues	8 PM	The Barn, 142 Center St	
Brewer	D/BB/ABSI	Mon-Thurs	6 PM	The Barn, 142 Center St	
Brewer	GV/D	Mon-Fri	Noon	The Barn, 142 Center St	
Brewer	B	Sat	Noon	The Barn, 142 Center St	
Brewer	BB	Sat	9:30 AM	The Barn, 142 Center St	
Bridgton	D	Tues-Thurs	Noon	St Peters Episcopal Ch, Rt 93	
Bridgton	ST	Sat	7 PM	American Legion Hall, Depot St	

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Bridgton	D/ST	Mon-Fri	Noon	St Peters Episcopal Ch, Rt 93	
Bristol Mills	D	Wed	7 PM	Congregational Ch Hall, 1263 Bristol Rd	
Bristol, S	D	Sat	8 AM	Union Ch Parish House, Rt 129 & Middle Rd	
Bristol, S	D	Thurs	7 PM	Union Ch Parish House, Rt 129 & Middle Rd	
Brooklin	Lit/SP	Thurs	7 PM	Baptist Church, 22 Bay Rd	
Brooks	D	Mon	8 PM	Varney Memorial Bldg, Main St, Rt 7	
Brunswick	BB/A	Mon	7 PM	Good Shepard Lutheran Ch, 330 Maine St	
Brunswick	C/W/A	Sat	8:30 AM	Good Shepard Lutheran Ch, 330 Maine St	
Brunswick	ST	Wed	5:30 PM	Good Shepard Lutheran Ch, 330 Maine St	
Brunswick	C/W/D/A	Wed	10:30 AM	Good Shepard Lutheran Ch, 330 Maine St	
Brunswick	SP/A	Tues	8 PM	First Parish Ch Vestry, 9 Cleaveland St	
Brunswick	BB	Thurs	7 PM	Berean Baptist Ch, 15 Cumberland St	
Brunswick	B/Lit	Wed	7 PM	Addiction Resource Ctr, 66 Baribeau Dr	
Brunswick	ST	Thurs	Noon	Berean Baptist Ch, 15 Cumberland St	
Brunswick	C/ST	Sun	7 PM	Seventh Day Adventist Ch, 333 Maine Ave	
Brunswick	ABSI/L	Fri	Noon	Berean Baptist Ch, 15 Cumberland St	
Brunswick	D/SP	Sat	8 PM	St Paul's Episcopal Ch, 27 Pleasant St	
Brunswick	SP/D	Tues	8 PM	Berean Baptist Ch, 15 Cumberland St	
Brunswick	D	Fri	9:30 PM	Nazarene Ch, Crnr McKeen & Baribeau Dr	
Brunswick	D/Lit	Sat	Noon	First Parish Ch Vestry, 9 Cleaveland St	
Brunswick	D/A	Mon-Fri	7 AM	St Paul's Episcopal Ch, 27 Pleasant St	
Brunswick	D/Lit	Mon	Noon	Berean Baptist Ch, 15 Cumberland St	
Brunswick	SP	Mon	7 PM	St Paul's Episcopal Ch, 27 Pleasant St	
Brunswick	D	Thurs	5:30 PM	United Methodist Ch, 320 Church Rd	
Brunswick	D	Sun	11 AM	Seventh Day Adventist Ch, 333 Maine Ave	
Brunswick	D/ST	Sun	11 AM	Mid Coast Hosp, 123 Medical Center Dr	
Bucksport	D	Wed	7 PM	Congregational Ch, 31 Elm St	
Bucksport	ST	Sun	4:30 PM	Methodist Ch, 71 Franklin St	
Bucksport	D	Sat	7 PM	Franklin Methodist Ch, 71 Franklin St	
Buxton	ST	Mon	7 PM	Bar Mill Community Ch, 13 Hermit Thrush Dr	
Calais	D/C	Mon	7 PM	Residence of 90 Boardman St	
Calais	SP/A	Thurs	7:30 PM	Calais Regional Hosp Café, 22 Hospital St	
Calais	D	Wed	Noon	St Ann's Episcopal Ch, 23 Church St	
Calais	GV/D	Sat	9 AM	United Methodist Ch, Main St	
Calais	BB/D	Fri	6:30 PM	United Methodist Ch, Main St	
Camden	D/ST/BB	Mon-Sat	7 AM	Methodist Ch, 98 St John St	
Camden	ABSI/BB	M-Th & Sat	6:30 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Camden	BB	Wed	7 PM	Congregational Ch, 55 Elm St	
Camden	SP	Fri	7 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Camden	BB/ST	Sat	6:30 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Camden	BB/ST	Sat	8:30 AM	Chestnut Baptist Ch, 29 Chestnut St	
Canaan	D	Tues	8 PM	Elementary School	
Cape Elizabeth	D/C	Wed	7 PM	St Bartholomew's Ch, 8 Two Lights Rd	
Cape Elizabeth	SP	Fri	7 PM	St Alban's Episcopal Ch, 885 Shore Rd	
Caribou	D	Sat	9:30 AM	St Luke's Episcopal Ch, 650 S. Main St	
Caribou	D	Mon	7:30 PM	Bethal Pentacostal Ch, 294 Access Highway	
Caribou	BB	Thurs	7 PM	Cary Medical Ctr, 163 Van Buren Rd	
Caribou	SP/D	Fri	7:30 PM	St Luke's Episcopal Ch, 650 S. Main St	
Carrabassett Valley	D	Sat	9 AM	Town Office/Fire House at Valley Crossing	
Casco	SP/A	Sun	7 PM	Alliance Ch, Pt Sebago Rd, Rt 302	
Casco	D	Fri	9 AM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	MED/ST	Sun	9 AM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	BB	Tues	9 AM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	

AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Casco	GV	Mon	9 AM	Clyde Bailey Drop In Ctr,224 Roosevelt Tr	
Casco	ABSI/C	Mon	5:30 PM	Clyde Bailey Drop In Ctr,224 Roosevelt Tr	
Casco	D	Mon/Thurs	7 AM	Clyde Bailey Drop In Ctr,224 Roosevelt Tr	
Casco	LIT	Wed	9 AM	Clyde Bailey Drop In Ctr,224 Roosevelt Tr	
Casco	W/ST	Thurs	7 PM	Clyde Bailey Drop In Ctr,224 Roosevelt Tr	
Casco	B/A	Sat	7 PM	Clyde Bailey Drop In Ctr,224 Roosevelt Tr	
Casco	C/M/ST	Tues	7 PM	Clyde Bailey Drop In Ctr,224 Roosevelt Tr	
Casco	MED	Sat	9 AM	Clyde Bailey Drop In Ctr,224 Roosevelt Tr	
Casco	D	Wed	7 PM	Clyde Bailey Drop In Ctr,224 Roosevelt Tr	
Casco	ST	Thurs	9 AM	Clyde Bailey Drop In Ctr,224 Roosevelt Tr	
Castine	D	Tues	7 PM	Unitarian Universalist Ch, 86 Court St	
Charleston	D/M	Wed	6:30 PM	Charleston Correctional Ctr, Rt 15	
Chebeague Island	Lit	Sat	8 AM	Methodist Ch, 258 North Rd	
Chester	ABSI	Tues	7 PM	Chester Baptist Ch, 2 South Chester Rd	
China	D	Sat	8 AM	China Baptist Ch, 36 Causeway Rd	
Clinton	D	Fri	8 PM	Town Hall, 21 Baker St	
Columbia Falls	D	Wed	7 PM	Faith Methodist Ch, 444 US Rt 1	
Columbia Falls	BB	Thurs	7 PM	Faith Methodist Ch, 444 US Rt 1	
Connor	D	Thurs	7:30 PM	Connor School, 1581 Van Buren Rd	
Coopers Mills	D/BB	Sun	7 PM	Sheepscot Valley Hlth Ctr, 47 Main St	
Corinna	D	Thurs	7 PM	Morse's Corner Baptist Ch, Exeter Rd	
Cumberland	SP/D	Tues	7 PM	United Methodist Ch, 52 Tuttle Rd	
Cumberland	ABSI	Sat	8:30 AM	United Methodist Ch, 52 Tuttle Rd	
Damariscotta	SP/A	Wed	6:30 PM	Baptist Church, 4 Bristol Rd	
Damariscotta	W/ST	Mon	7 PM	Baptist Church, 4 Bristol Rd	Begins 5/14
Damariscotta	SP/D	Sat	8 PM	Baptist Church, 4 Bristol Rd	
Dedham	D/A	Mon	7 PM	Dedham Town Hall, 2073 Main Rd	
Deer Isle	D	Mon	7:PM	Town Hall, Route 15	
Denmark	D/Lit	Thurs	7 PM	Congregational Ch, 70 East Main St	
Dennysville	D	Sat	6 PM	Dennysville Housing ,200 Shipyard Rd	
Dexter	D	Tues	7 PM	First Free Baptist Ch, 130 Spring St	
Dixfield	D/C	Fri	7 PM	Dirigo High School, 145 Weld St	
Dover Foxcroft	D/ST	Wed/Fri	7 PM	Living Word Comm Food Cupboard,Guilford R	
Dover Foxcroft	D	Sun	11 AM	Thompson Free Library, 76 East Main St	
Durham	ST	Tues	6:30 PM	First Congregational Ch,Royalsborough Rd	
Eagle Lake	D	Sun	7 PM	Knights of Columbus, 3538 Main St	
Eastport	D	Mon	7:30 PM	St Joseph Parish Hall, 11 Chapel St	
Eastport	D/BB	Thurs	7:30 PM	Eastport Health Ctr, 30 Boynton Rd	
Eddington	B/C	Thurs	7 PM	United Methodist Ch, 31 Main Rd, Rt 9	
Edmondston NB	D/C	Mon	8 PM	12 Step Center, 15 Costello St Canada	
Edmundston NB	ST	Wed	8 PM	12 Step Center, 15 Costello St Canada	
Edmundston NB	SP	Fri	8 PM	Notre Dame des Septs Ch, Victoria St	
Edmundston NB	D	Sun	10:30 AM	12 Step Center, 15 Costello St Canada	
Edmundston NB	SP	Sat	8:30 PM	Golden Age Club Basement, 15 Irene St	
Ellsworth	D	Sun	6 PM	Congregational Ch, State St, Rt 179	
Ellsworth	D	Sat	6 PM	Your Place, 8 Old Mill Rd	
Ellsworth	D	Daily	Noon	Your Place, 8 Old Mill Rd	
Ellsworth	W/ST	Sat	10 AM	St Joseph's Catholic Ch, 231 Main St	
Ellsworth	W	Tues	5:30 PM	Your Place, 8 Old Mill Rd	
Ellsworth	G/D	Fri	6:30 PM	Unitarian Universalist Ch,121 Bucksport R	
Ellsworth	BB	Wed	7 PM	Your Place, 8 Old Mill Rd	
Ellsworth	D	Fri	8 AM	United Baptist Ch, 28 Hancock St	
Ellsworth	ST	Mon	6:30 PM	ME Coastal Hosp, Conf Rm, 50 Union St	

## AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Ellsworth	D	Tues	6 PM	Hancock County Jail, State St	
Ellsworth	ST	Tues	8 PM	Congregational Ch, State St, Rt 179	
Ellsworth	D	Thurs	7 PM	Congregational Ch, State St, Rt 179	
Ellsworth	SP	Mon	7 PM	Congregational Ch, State St, Rt 179	
Ellsworth	D	Fri	5:15 PM	ME Coastal Hosp, Conf Rm, 50 Union St	
Fairfield	D	Sat	7:30 PM	United Methodist Ch, 33 Skowhegan Rd	
Fairfield	B/D	Sun	7 PM	First Baptist Ch, 12 Newhall St	
Fairfield	D	Mon	7 PM	Fairfield United Methodist Ch, Rt 201	
Falmouth	M/C/ST	Thurs	7:30 PM	St Mary's Episcopal Ch, 43 Foreside Rd	
Falmouth	SP	Tues	7 PM	St Mary's Episcopal Ch, 43 Foreside Rd	
Falmouth	SP/D	Tues	8 PM	Foreside Community Ch, 340 Foreside Rd	
Farmington	ST	Mon	7 PM	U of ME, Roberts Learning Ctr, Rm 105	
Farmington	M/ST/C	Thurs	7 PM	Franklin Memorial Hosp	
Farmington	D	Wed	7:30 PM	Henderson Baptist Ch, 110 Academy St	
Farmington	D	Sun	7 PM	Franklin Memorial Hosp, Board Rm	
Farmington	D/C	Fri	7 PM	Franklin Memorial Hosp, Board Rm	
Farmington	BB	Thurs	7 PM	Congregational Ch, 227 Main St	
Farmington	D/W	Fri	11 AM	United Methodist Ch, 612 Farmington Falls	
Fort Fairfield	Lit/C	Mon	5 PM	United Parish Ch, 4 Church St	
Fort Fairfield	D	Tues	7:30 PM	St Paul's Episcopal Ch, 66 Lower Main St	
Fort Fairfield	C/D/W	Fri	5 PM	United Parish Ch, 4 Church St	
Fort Kent	D	Fri	7 PM	Forest Hill Manor, 25 Bolduc Ave	
Fort Kent	D/C	Tues	7 PM	Forest Hill Manor, 25 Bolduc Ave	
Freeport	SP/D	Wed	12:15 PM	First Parish Congregational Ch, 40 Main St	
Freeport	ST	Wed	7:30 PM	First Parish Congregational Ch, 40 Main St	
Frye Island	D/C	Sun	11 AM	Frye Island Chapel	
Fryeburg	M/ST/C	Tues	7:30 PM	Dearborn Precision, 80 Portland St	
Fryeburg	B/Lit	Wed	6:30 PM	Fryeburg Academy, Main St, Science Wing	
Fryeburg	ABSI/D	Mon	6:30 PM	Fryeburg Academy, Main St, Science Wing	
Fryeburg	BB	Thurs	4 PM	St Elizabeth Catholic Ch, Rt 5	
Fryeburg	D	Sun	9 AM	Fryeburg Academy, Main St, Science Wing	
Fryeburg	D	Sat	Noon	American Legion Hall, Bradley St	
Fryeburg	W/ST/C	Tues	5:30 PM	St Elizabeth Catholic Ch, Rt 5	
Gardiner	D	Sun	7 PM	United Methodist Ch, 31 Highland Ave	
Gardiner	BB/D/ST	Mon	7 PM	United Methodist Ch, 31 Highland Ave	
Georgetown	BB	Tues	7 PM	Community Ctr, 19 PLD Schoolhouse Rd	
Gorham	D	Fri	7:30 PM	United Methodist Ch, Cressy Rd, Rt 25	
Gouldsboro	D	Sun	6 PM	Gouldsboro Firehouse	
Grand Falls NB	D	Sun	9 AM	Hill Top Hotel, 131 Chemin Madawaska Rd	
Grand Falls NB	SP	Fri	8 PM	Knights of Columbus Hall, Front St	
Gray	W/ST	Tues	7 PM	St Gregory's Ch, Rt 26, North Raymond Rd	
Gray	D	Mon	10:30 AM	St Gregory's Ch, Rt 26, North Raymond Rd	
Gray	SP	Thurs	8 PM	St Gregory's Ch, Rt 26, North Raymond Rd	
Greenville	D	Fri	7 PM	Union Evangelist Ch, 114 South Main St	
Greenville	ST	Wed	7 PM	Union Evangelist Ch, 114 South Main St	
Guilford	D	Sat	7 PM	Guilford Methodist Ch, 3 School St	
Hallowell	W/D	Fri	Noon	Cox Memorial Ch, 33 Central St	
Hallowell	ABSI	Tues	Noon	St Mathew's Ch, 18 Union St	
Hallowell	D	Tues	7 PM	St Mathew's Ch, 18 Union St	
Hallowell	ST/D	Sat	9 AM	St Mathews Ch, 18 Union St	
Hallowell	M/D	Fri	Noon	St Mathew's Hall, 18 Union St	
Hallowell	BB/Lit/	Thurs	Noon	St Mathew's Hall, 18 Union St	
Hallowell	D	Mon	Noon	St Mathews Ch, 18 Union St	

## AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Hallowell	ST/C	Wed	Noon	St Mathew's Ch, 18 Union St	
Hallowell	Lit	Thurs	6 PM	St Mathews Ch, 18 Union St	
Hampden	ABSI	Fri	6 PM	Kiwanis Club, Main St	
Hampden	SP	Tues	8 PM	Methodist Ch, 44 Kennebec Rd	
Hampden	D	Sat	7:30 PM	Church of the Open Door, 270 N Main St	
Hampden	D	Sun	5 PM	Kiwanis Club, Main St	
Hampden	C/ST	Mon	8 PM	St Mathew's Episcopal Ch, 70 Western Ave	
Hancock	D	Wed	7 PM	Hancock Community Ctr, Rt 1	
Hancock	D	Sun	10 AM	Hancock Community Ctr, Rt 1	
Harrison	ABSI	Sun	6:30 PM	United Parish of Harrison, 77 Main St	
Hartland	D	Sun	7 PM	Grace Lynn Methodist Ch, 8 Seekins St	
Hollis	D	Tues	7 PM	Salmon Falls Library, 28 Salmon Falls Rd	
Houlton	D	Fri	8 PM	Comm Living Association Bldg, North St	
Houlton	SP	Thurs	7:30 PM	Church of the Good Shepard, 116 Main St	
Houlton	D	Daily	Noon	Residence of 116, Main St	
Houlton	D	Tues	7:30 PM	Unitarian Church, 61 Military St	
Indian Island	D	Fri	8 PM	St Ann's Parish Hall, 6 Down St	
Jackman	D/BB	Tues	7 PM	Jackman Public Library, 604 Main St	
Jay	M/ST/BB	Tues	7 PM	Niles Memorial Library, Rt 4	
Kennebunk	BB/ST	Fri	6:30 PM	First Parish Unitarian Ch, 114 Main St	
Kennebunk	C/ST/A	Sat	7:30 PM	St David's Episcopal Ch, 138 York St	
Kennebunk	C/W/D	Fri	10 AM	St David's Episcopal Ch, 138 York St	
Kennebunk	M/C/D/A	Sun	8 AM	American Legion Hall, Water St	
Kennebunk	SP/A	Mon	7:30 PM	First Parish Unitarian Ch, 114 Main St	
Kennebunk	C/W/D/A	Sun	10 AM	American Legion Hall, Water St	
Kennebunk	M/C/D/A	Tues/Thurs	7 AM	American Legion Hall, Water St	
Kennebunk	ST/C	Mon-Sat	7:15 AM	First Parish Unitarian Ch, 114 Main St	
Kennebunk	D/Lit	Sun	7 PM	St David's Episcopal Ch, 138 York St	
Kennebunk	D	T/W/Th	7 PM	St David's Episcopal Ch, 138 York St	
Kennebunkport	C/ABSI/D	Wed	8 PM	Community Hall, Temple St	
Kents Hill	B	Thurs	7 PM	United Methodist Ch, 1564 Main St	
Kezar Falls	BB	Wed	7 PM	Fire Station, River St	
Kezar Falls	ST	Tues	7:30 PM	Riverside Methodist Ch, 3 School St	
Kingfield	D	Wed	7:30 PM	Webster Hall, School St	
Kittery	BB/D/A	Wed	7 PM	St Raphael's Ch, Government St	
Kittery	BB/D	Mon-Fri	7:30 AM	Lion's Club, Rt 1, 117 State Rd	
Kittery	SP/C	Sun	7:30 PM	Lion's Club, Rt 1, 117 State Rd	
Kittery	SP/A	Sat	9 AM	St Raphael's Ch, Government St	
Kittery	D	Sat	7 PM	Youth Connection Ctr, 10 Shapleigh Rd	
Kittery Pt	D	Sun	4:30 PM	First Congregational Ch, 23 Pepperel Rd	
Levant	ST/C	Tues	8 PM	Harvest Chapel, 3531 Union St	
Lewiston	SP	Sun	7 PM	Lewiston Baptist Ch, 1919 Lisbon Rd	
Lewiston	B/BB	Sun	4:30 PM	So Lewiston Baptist Ch, 757 Summer St	
Lewiston	D/BB/ST	Mon-Sat	Noon	12 Hour Club, 120 Lisbon St	
Lewiston	BB	Tues	7 PM	St Mary's Reg Med Ctr, 99 Campus Ave	
Lewiston	SP/D	Sat	8:15 PM	St Mary's Reg Med Ctr, 99 Campus Ave	
Lewiston	M/D	Tues	6:30 PM	Calvary Methodist Ch, 59 Sabattus St	
Lewiston	ST/D/A	Mon	7 PM	Salvation Army, 67 Park St	
Lewiston	SP	Fri	7 PM	Trinity Episcopal Ch, 247 Bates St	
Lewiston	SP/A	Sat	7 PM	Holy Family Ch Parish Ctr, 607 Sabbatus St	
Lewiston	D/A	Sun	9:30 AM	12 Hour Club, 120 Lisbon St	
Lewiston	C/W/D/A	Mon	5:30 PM	12 Hour Club, 120 Lisbon St	
Limerick	D	Sat	8 PM	Faith Christian Ch, Rt 11	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Limerick	D	Mon-Fri	Noon	Scout Hall, 7 School St	
Limestone	B	Thurs	7 PM	Loring Job Corp,5000 Bldg,36 Montana Rd	
Limestone	ST	Wed	7:30 PM	United Methodist Ch, 910 Main St	
Lincoln	ST	Fri	7 PM	Penobscot Valley Hosp, Transalpine Rd	
Lincoln	BB/D	Mon	Noon	American Legion Hall, 3 Fleming St	
Lincoln	D	Wed	8 PM	Masonic Hall, 75 Main St	
Lincoln	D	Sat	8 PM	American Legion Hall, 3 Fleming St	
Lisbon Falls	BB	Tues	7 PM	St Mathew's Episcopal Ch, 496 Lisbon St	
Livermore	D	Fri	7:30 PM	N Livermore Baptist Ch, 555 Federal Rd	
Lubec	BB/D/A	Thurs	7 PM	Regional Medical Ctr, 43 S Lubec Rd	
Machais	D	Fri	7:30 PM	Community Ch of Christ, North St	
Machias	Lit	Mon	7:30 PM	Congregational Ch, Center St	
Machias	D	Sun	7:30 PM	Community Ch of Christ, North St	
Machias	D	Tues	7:30 PM	St Aiden's Episcopal Ch, 36 Hill St	
Machias	W/D	Sat	10 AM	St Aiden's Episcopal Ch, 36 Hill St	
Madawaska	SP	Tues	7 PM	St John Valley Assoc, 291 Newberry Dr	
Madawaska	BB/C/D	Sat	9:30 AM	St John Valley Assoc, 291 Newberry Dr	
Madison	M/D/W	Wed	7 PM	Somerset Cty Jail,131 E. Madison Rd	
Madison	D	Tues	7:30 PM	St Sebastian School, Pleasant St	
Madrid	D	Fri	7 PM	Old School, Reed Mills Rd (Summer Only)	
Manchester	D	Mon	7 PM	Manchester Lions Club, Route 17	
Mechanic Falls	D	Fri	7 PM	Vineyard Ch, Rt 11, 90 Lewiston St	
Mexico	D/C	Sat	7 PM	Parish of the Holy Savior, 126 Maine Ave	
Mexico	C/D	Mon	7 PM	Mexico Congregational Ch, 163 Main St	
Milbridge	D	Mon	7 PM	Congregational Ch, 10 Bridge St	
Millinocket	D	Tues	8 AM	First Congregational Ch, 11 Maple St	
Millinocket	SP	Thurs	7 PM	Millinocket Reg Hosp, 200 Somerset St	
Millinocket	SP/C	Fri	7 PM	St Andrew Episcopal Ch, 40 Highland Ave	
Millinocket	D/ST/BB	Mon-Sat	Noon	St Andrew Episcopal Ch, 40 Highland Ave	
Millinocket	SP	Sun	7 PM	Congregational Ch, 11 Maple St	
Millinocket	D/C	Mon	7 PM	Congregational Ch, 274 Katahdin Drive	
Milo	D	Mon	7 PM	Milo Methodist Ch, 15 Park St	
Monhegan Island	D	Sun/Thurs	7:30 PM	Library, 1 Main St	
Monson	Lit	Sun	7 PM	Community Ch, 19 Greenville Rd	
NE Harbor	D	Sat	9:30 AM	St Mary's Parish Hall, 5 Kimball Rd	
New Denmark, NB	D	Tues	8 PM	Bethany Lutheran Ch Foley Brook Rd Canada	
New Portland	ST/C	Sat	7 PM	W New Portland Community Ch, Rt 146	
Newcastle	D	Fri	6 PM	Second Congregational Ch, 51 Main St	
Newcastle	C/D	Fri	9 AM	Second Congregational Ch, 51 Main St	
Newcastle	D	Tues	6:30 PM	Second Congregational Ch, 51 Main St	
Newcastle	BB	Thurs	9:30 AM	St Andrew's Ch, 11 Glidden St	
Newcastle	ST	Tues	9:30 AM	St Andrew's Ch, 11 Glidden St	
Newcastle	MED	Mon	6 PM	St Andrews Ch, 11 Glidden St	
Newcastle	D	Sun	7 PM	St Andrew's Ch, 11 Glidden St	
Newfield W	ST/A	Wed	7 PM	United Church of Christ, Maplewood Rd	
Newfield W	D/A	Sun	7 PM	United Church of Christ, Maplewood Rd	
Newport	D/W/C	Wed	7 PM	United Methodist Ch, 131 Main St	
Newport	D/M/C	Wed	7 PM	United Methodist Ch, 131 Main St	
Newport	D/A	Mon	7 PM	United Methodist Ch, 131 Main St	
North Haven Island	C/D	Wed	7:30 PM	Baptist Church (Take Rockland Ferry)	
North Haven Island	D	Fri	7:30 PM	Islander,Take Rockland Ferry(Summer Only)	
North Haven Island	BB/C/A	Sun	6:30 PM	Baptist Church (Take Rockland Ferry)	
Norway	M/ST/C	Mon	Noon	Universalist Unitarian Ch, 479 Main St	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Norway	D	Thurs	8 PM	Christ Episcopal Ch, 35 Paris St	
Norway	D	Sat	10 AM	Universalist Unitarian Ch, 479 Main St	
Norway	SP	Mon	8 PM	Second Congregational Ch, 201 Main St	
Norway	B	Mon	6:30 PM	Second Congregational Ch, 201 Main St	
Norway	B/D/A	Fri	6:30 PM	Stephen's Mem Hosp, 181 Main St	
Norway	D/C	Sun	8:30 AM	Weary Club Bldg, 385 Main St	
Norway	M/ST	Thurs	6:30 PM	Second Congregational Ch, 201 Main St	
Norway	B/ST/BB	Mon-Fri	8 AM	Universalist Unitarian Ch, 479 Main St	
Norway	C/D	Wed	8 PM	Weary Club Bldg, 385 Main St	
Norway	BB/A	Tues	6:30 PM	Stephen's Mem Hosp, 181 Main St, Boardroom	
Ogunquit	D/BB/ST	M/W/F	9 AM	Baptist Church, 157 Shore Rd	
Ogunquit	D	Fri	5:30 PM	Ogunquit Chamber of Commerce, 36 US Rt 1	
Ogunquit	SP/A	Sun	7 PM	Dunaway Ctr, Town Hall, 23 School St	
Old Orchard Beach	ST	Thurs	6:30 PM	Milestone, 28 Portland St	
Old Orchard Beach	ST	Mon	7 PM	United Methodist Ch, Washington Ave	
Old Orchard Beach	B/D	Sat	6:30 PM	United Methodist Ch, Washington Ave	
Old Orchard Beach	BB	Sun	7 PM	United Methodist Ch, Washington Ave	
Old Town	ABSI/A	Sun	7 PM	St James Episcopal Ch, 149 Center St	
Old Town	D/A	Sat	8 PM	United Methodist Ch, 744 Stillwater Ave	
Orland	D/A	Mon	7:30 PM	Methodist Ch, Narramissic Dr	
Orland	D	Sat	7 PM	Orland Town Office, 23 School House Rd	
Orono	D/A	Tues	8 PM	C.M. Parker Senior Ctr, Birch St	
Orrington	D/A	Fri	6 PM	E Congregational Ch, 38 Johnson Mills Rd	
Orrs Island	BB	Thurs	7 PM	Faith Methodist Ch, 1739 Harpswell Rd	
Paris S	W/D/BB	Tues/Thurs	8 AM	Trinity Lutheran Ch, 34 Buckfield Rd	
Paris S	ST	Sun	7 PM	Deering Methodist Ch, 39 Main St	
Paris S	ABSI	Fri	8 PM	First Congregational Ch, 17 East Main St	
Paris W	D	Sat	7:30 PM	First Universalist Ch, 200 Main St	
Parkman	B/BB	Thurs	6:30 PM	Parkman Town Hall, 771 Route 150	
Peaks Island	D/SP	Wed	6:30 PM	The Rectory	
Pembroke	D	Sun	7:30 PM	Grace Chapel, Leighton Point Rd	
Penobscot	BB	Sat	9:30 AM	St Mathew's Ch, 70 Western Ave	
Penobscot	BB	Thurs	7 PM	United Methodist Ch, Rt 176	
Perth Andover	W/D	Fri	6 PM	Perth Andover Hospital, 10 Woodland Hill	
Pittsfield	D	Sat	7 PM	United Methodist Ch, 33 Skowhegan Rd	
Pittsfield	BB/D	Tues	6 PM	Unitarian Universalist Ch, 6 East St	
Pittsfield	D	Thurs	7 PM	First Congregational Ch, 132 Somerset Ave	
Pittsfield	BB/A	Tues	6 PM	First Congregational Ch, 132 Somerset Ave	
Pittston	D	Wed	7 PM	Congregational Ch, 21 Arnold Rd	
Plaster Rock, NB	D	Mon	8 PM	United Ch of Canada, 50 Riverside Dr	
Pleasant Point	D	Tues	7:30 PM	Drop In Center, Back Rd	
Poland	D	Tues	8 PM	Poland Community Ch, 1212 Maine St	
Port Clyde	ST	Mon	7:30 PM	Church across from Post Office	
Porter	BB	Wed	7 PM	Kezar Falls Fire Station, 47 River St	
Portland	D/SP	Sun	7:30 PM	St Louis Catholic Ch, 279 Danforth St	
Portland	D	Thurs	7:30 PM	Cumberland Cty Jail PreRelease, 36 County	
Portland	D/A	Thurs	7 PM	Clark Methodist Ch, 15 Pleasant Ave	
Portland	W/BB/A	Sun	6 PM	Stroudwater Baptist Ch, 1729 Congress St	
Portland	C/M/D	Mon-Fri	Noon	First Parish Unitarian Ch, 425 Congress St	
Portland	M/BB/ST	Sun	9 AM	Mercy Hosp, 144 State St, B2 Auditorium	
Portland	B/D	Mon	6:30 PM	Old St Paul's Ch, 279 Congress St	
Portland	ST/A	Wed	7 PM	Clark Methodist Ch, 15 Pleasant Ave	
Portland	ST	Mon	6:30 PM	Portland Recovery Ctr, 468 Forest Ave	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Portland	ABSI/W	Tues/Thurs	7 AM	Elm Terrace, 68 High St	
Portland	SP	Fri	8 PM	Church of Holy Spirit, 1047 Congress St	
Portland	D/Lit/B	Mon-Sat	7 AM	First Parish Unitarian Ch, 425 Congress St	
Portland	C/D/ABSI	Sat	8:30 AM	175 State St	
Portland	SP	Tues	8 PM	Serenity House, 30 Mellen St	
Portland	ST	Sun	8 AM	Irish Heritage Ctr, 34 Gray St	
Portland	B	Wed	6:30 PM	Washington Gardens Ctr, 66 Pembroke St	
Portland	BB/D	Wed	8:30 PM	Hope Gateway, 185 High St	
Portland	D	Mon/Fri	Noon	Portland Recovery Ctr, (All Recovery Supp	
Portland	ST	Sat	2:30 PM	Portland Recovery Ctr, 468 Forest Ave	
Portland	SP	Wed	7 PM	Woodfords Congr Ch, 202 Woodford St	
Portland	ST/C/A	Mon	7:30 PM	Trinity Episcopal Ch, 113 Coyle St	
Portland	ST/W/C/A	Thurs	5 PM	Sahara Club, 135 Washington Ave	
Portland	SP/A	Sat	7 PM	Sahara Club, 135 Washington Ave	
Portland	D/ST	Mon-Fri	7:30 AM	Sacred Heart Ch, 80 Sherman St	
Portland	D/A	Fri	7:30 PM	Sahara Club, 135 Washington Ave	
Portland	SP	Wed	7 PM	First Baptist Ch, 360 Canco Rd	
Portland	SP/B/D/A	Sat	10:30 AM	Sahara Club, 135 Washington Ave	
Portland	Tag/A	Sat	9 AM	Sahara Club, 135 Washington Ave	
Portland	SP	Sun	11 AM	Washington Gardens Ctr, 66 Pembroke St	
Portland	D/A	Mon-Fri	12:15 PM	Sahara Club, 135 Washington Ave	
Portland	G/Lit/M	Fri	6:30 PM	St Luke's Cathedral, 143 Park St Entrance	
Portland	BB	Mon/Thurs	Noon	St Pius Ch, 492 Ocean Ave	
Portland	SP	Wed	7:30 PM	St Louis Catholic Ch, 279 Danforth St	
Portland	W/ST	Mon	7 PM	The New Church, 302 Stevens Ave	
Portland	SP	Thurs	7:30 PM	Washington Gardens Ctr, 66 Pembroke St	
Portland	D/A	Mon	6:30 PM	Universalist Ch, 524 Allen Ave	
Portland	D	Sat	8 AM	St Luke's Cathedral, 143 Park St Entrance	
Portland	SP/D	Sat	7 PM	YMCA, 70 Forest Ave	
Portland	G/SP	Sun	6:30 PM	St Ansgar Lutheran Ch, 515 Woodford St	
Portland	D/A	Fri	8 PM	Amistad, 66 State St	
Portland	BB	Tues	5:30 PM	St Luke's Cathedral, 143 Park St Entrance	
Portland	SP/C	Mon	7:30 PM	Cumberland Cty Jail, 50 County Way	
Portland	BB	Sun	5 PM	Woodfords Congr Ch, 202 Woodford St	
Portland	D/A	Tues	7 PM	New England Rehab, Brighton Med Ctr, Rm 3	
Portland	W/D/C	Tues	5:30 PM	McAuley House, 91 State St	
Portland	SP/A	Fri	7 PM	Woodfords Congr Ch, 202 Woodford St	
Portland	SP/A	Sun	7 PM	Washington Gardens Ctr, 66 Pembroke St	
Portland	D	Sat	7:30 PM	St Luke's Cathedral, 143 Park St Entrance	
Portland	SP/D/A	Tues	6 PM	Sahara Club, 135 Washington Ave	
Portland	D	Mon	6:30 PM	Portland Recovery Ctr, 468 Forest Ave	
Portland	BB/C	Sat	6:30 PM	ME Jewish Museum, 267 Congress St	
Portland	BB/ST	Tues	7:30 PM	Woodford Congr Ch, 202 Woodford St	
Portland	SP	Mon	8 PM	St Peter's Ch, 72 Federal St	
Portland	BB/D/A	Wed	7 PM	Sahara Club, 135 Washington Ave	
Portland	B/D/A	Thurs	6:30 PM	Sahara Club, 135 Washington Ave	
Portland	W/ST	Mon	12:15 PM	First Parish Unitarian Ch, 425 Congress St	
Portland	ST	Fri	6 PM	Stroudwater Baptist Ch, 1729 Congress St	
Portland	W/ST	Thurs	12:15 PM	First Parish Unitarian Ch, 425 Congress St	
Portland	SP/D	Mon-Fri	8 AM	Old St Paul's Ch, 279 Congress St	
Portland	SP/D/A	Fri	5:30 PM	Sahara Club, 135 Washington St	
Portland S	D	Wed	8 PM	So ME Comm College, Jewett Hall, Rm 109	
Portland S	D	Sat	2 PM	Congregational Ch, 301 Cottage St	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Portland S	M/ST/C	Thurs	7:30 PM	Methodist Ch, 168 Elm St	
Portland S	D	Tues	7:30 PM	United Methodist Ch, 179 Ridgeland St	
Portland S	ST	Sun	6:30 PM	People's United Methodist Ch,310 Broadway	
Portland S	SP	Sun	7 PM	St John's Evangelist Ch, 611 Main St	
Portland S	D	Fri	6:30 PM	Ch of the Nazarene, 525 Highland Ave	
Portland S	D	Mon	7:30 PM	United Methodist Ch, 179 Ridgeland St	
Presque Isle	D	Fri	Noon	MicMac Admin Bldg,Presque Isle Industrial	
Presque Isle	D	Wed/Sat	7:30 PM	Academy House, 150 Academy St	
Presque Isle	BB	Sun	7 PM	Academy House, 150 Academy St	
Princeton	SP/D	Tues	7:30 PM	Elderly Meal Center, Rt 1	
Princeton	D	Fri	Noon	Indian Township Health Ctr,Peter Dana Pt	
Princeton	SP	Sat	7 PM	Elderly Meal Center, Rt 1	
Randolph	D	Fri	7:30 PM	Methodist Ch, 16 Ashbury St	
Rangeley	C/ST	Sat	7 PM	Congregational Ch, 2 High St	
Rangeley	D	Tues	7 PM	Good Shepard Ch, 2614 Main St	
Raymond	BB	Fri	7 PM	Raymond Village Ch, 27 Main St	
Richmond	D	Sun	7 PM	Richmond Grange, 15 Alexander Reed Rd	
Richmond	ABSI/Lit	Fri	Noon	Richmond Methodist Ch, 121 Pleasant St	
Richmond	BB/Lit	Mon	Noon	Richmond Methodist Ch, 121 Pleasant St	
Richmond	ST	Sat	8:30 AM	Richmond Methodist Ch, 121 Pleasant St	
Robinston	ST	Wed	7 PM	Robinston Elementary Sch,904 U.S. Rt1	
Rockland	D/B	Thurs	6:30 PM	St Peter's Episcopal Ch, 11 White St	
Rockland	W/D/C	Sat	8:30 AM	Unitarian Universalist Ch,345 Broadway St	
Rockland	D	Mon-Sat	12:15 PM	Congregational Ch, 180 Limerock St	
Rockland	D/A	Tues	7 PM	St Bernard's Church, 150 Broadway	
Rockland	D	Sun	7 PM	First Universalist Ch, 345 Broadway St	
Rockland	ST/C	Sun	10:30 AM	Knox Center,Rockland Rm, 6 White St	
Rockland	D	Fri	7 PM	Recreational Ctr, 61 Limerock St	
Rockland	C/D	Wed	7 PM	Knox County Jail, Upper Park St	
Rockland	D	Sat	7 PM	St Peter's Episcopal Ch, 11 White St	
Rockport	M/D/C	Mon	7 PM	Lutheran Ch, 179 Old County Rd	
Rockport	D	Sun	10:30 AM	Pen Bay Physician Bldg, Glen Cove Drive	
Rumford	SP/D/C	Tues/Thurs	7 PM	United Methodist Ch, 455 Linnell St	
Rumford	ST/BB	Sun	10 AM	Seniors Plus, 50 Congress St	
Saco	SP/D/A	Tues	7 PM	Oasis Club, 63 School St	
Saco	ASBI	Sun	10:30 AM	Oasis Club, 63 School St	
Saco	C/M/D/A	Sun	9 AM	Oasis Club, 63 School St	
Saco	B/D	Thurs	7 PM	Oasis Club, 63 School St	
Saco	ST	Fri	6:30 PM	Our Father's House, 325 North St	
Saco	W/ST/C	Thurs	6 PM	Trinity Episcopal Ch, 15 Cleaveland St	
Saco	ST/D	Thurs	6:30 PM	Our Father's House, 325 North St	571-4981
Saco	D	Sun	9 AM	Saco Elks Lodge, 68 Ocean Park Rd	
Saco	BB/ST	Mon	7 PM	Trinity Episcopal Ch, 15 Cleaveland St	
Saco	SP/D/A	Sat	6 PM	Oasis Club, 63 School St	
Saco	D/SP	Mon-Fri	Noon	Oasis Club, 63 School St	
Saco	SP/A	Wed	7 PM	Oasis Club, 63 School St	
Saco	W/ST/C	Thurs	6 PM	First Parish Congregationa Ch,12 Beach St	
Saco	D/A	Sun	7 PM	Oasis Club, 63 School St	
Saco	SP/A	Fri	7:30 PM	Oasis Club, 63 School St	
Saco	D/A	Mon-Sat	7 AM	Oasis Club, 63 School St	
Salisbury Cove	D	Thurs	7 PM	Eden Baptist Ch, Old Bar Harbor Rd	
Sanford	ABSI/SP	Tues	Noon	St George's Episcopal Ch, Main St	
Sanford	D/SP	Tues	6 PM	Holy Family Ch Basement, 66 North Ave	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Sanford	SP/D/A	Thurs	6 PM	Holy Family Ch Basement, 66 North Ave	
Sanford	BB/SP	Thurs	Noon	St George's Episcopal Ch, Main St	
Sanford	Lit/D	Mon	Noon	St George's Episcopal Ch, Main St	
Sanford	D	Daily	Noon	Holy Family Ch Basement, 66 North Ave	
Sanford	ST/W	Fri	10 AM	St George's Episcopal Ch, Main St	
Sanford	BB/ST	Sun	6 PM	St George's Episcopal Ch, Main St	
Sanford	ST/SP/A	Mon/Wed	6:30 PM	St George's Episcopal Ch, Main St	
Sanford	SP	Sat	10 AM	Unitarian Ch, 5 Lebonon St	
Sangerville	D/W	Tues	5:30 PM	Unitarian Universalist Ch, Church St	
Scarborough	BB/D	Mon	Noon	St Maximillian Ch, 150 Black Point Rd	
Scarborough	W/D/C	Mon	5:30 PM	St Nicholas Episcopal Ch, 350 US Rt 1	
Scarborough	ST	Fri	8 PM	First Congregational Ch, 161 Black Point Rd	
Scarborough	C/D/A	Thurs	7:30 PM	Scarborough Methodist Ch, Church St	
Scarborough	W/LS	Sat	8:30 AM	St Nicholas Episcopal Ch, 350 US Rt 1	
Scarborough	B/SP/D	Fri	5:30 PM	MMC, Human Resource, 100 Campus Dr	
Searsport	D	Sun	7 PM	1st Congregational Ch, 7 Knox Brothers Av	
Sebago	SP/D	Mon	7 PM	Church of the Nazarene, Rt 114	
Sedgwick	D	Sun	10 AM	Sedgwick Town Hall, Rt 172	
Sedgwick	C/W/D	Wed	6 PM	Sedgwick School, Rt 15	
Sidney	SP/D	Thurs	7:30 PM	ME General Men Recovery, 2093 Belgrade Rd	
Sinclair	D	Sun	7 PM	Fire Station, 3138 Caribou Rd	
Skowhegan	W/D	Tues	11 AM	Federated Ch, 12 Island Avenue	
Skowhegan	BB	Thurs	7 PM	Federated Ch, 12 Island Avenue	
Skowhegan	D	Sun	4 PM	Federated Ch, 12 Island Avenue	
Skowhegan	ST	Sat	10 AM	Reddington Fairview Hosp, Conf Rm C	
Skowhegan	ST	Mon	7 PM	All Saints Episcopal Ch, Malbon Mills Rd	
Skowhegan	SP/D	Fri	7 PM	Federated Ch, 12 Island Avenue	
Skowhegan	BB/ST	Mon	10 AM	Methodist Ch, 103 Dr Mann Rd, Rt 4	
Skowhegan	D/B	Thurs	10 AM	Notre Dame De Lourdes, 273 Water St	
Skowhegan	D	Wed	8 PM	Notre Dame De Lourdes, 273 Water St	
Somesville	D	Wed	7:30 PM	Union Meeting Parish Hall, Main St	
Springvale	D	Tues	8 PM	Baptist Church, 429 Main St	
St Agatha	D	Wed	Noon	Residence of 276 Main St	
St Andrew's	D	Fri	8 AM	Anglican Ch Hall, 75 King St	
St Quentin	D/C	Wed	8 PM	Montcalm Theater, 198 Canada Rd	
St Stephen NB	SP	Sun	7 PM	Kirk McCall Ch, King St	
St Stephen NB	D/C	Wed	7 PM	Satellite Serenity Club, Mark St	
Standish	ST	Thurs	7 PM	Standish Congregational Ch, 25 Oak Hill Rd	
Standish	D/Lit	Sat	6:30 PM	Congrational Ch, 25 Oak Hill Rd	
Standish	D	Sat	8 AM	Standish Congregational Ch, 25 Oak Hill Rd	
Stockholm	D	Sat	7:30 PM	Trinity Lutheran Ch, 8 Donworth St	
Stockton Springs	Lit/D	Fri	6:30 PM	Town Office, Main St	
Stonington	D	Sat	7 PM	Community Ctr, 2 Pasture Rd	
Stratton	ST/C	Mon	7 PM	St John's Catholic Ch, 50 Main St	
Sullivan	D	Tues/Thurs	6 PM	Sullivan Baptist Ch, 34 Harbor View Drive	
Sullivan	D	Fri	6 PM	Sullivan Recreational Ctr, Rt 1	
Surry	D	Sun	5 PM	Methodist Ch, 1279 Surry Rd	
SW Harbor	D	Sun	7 PM	Congregational Ch, High Rd	
SW Harbor	D	Thurs	7 PM	Congregational Ch, High Rd	
Swan's Island	D	Wed	7 PM	Library	
Tenants Hbr	D	Tues	7 PM	American Legion Hall, Rt 131	
Thomaston	D/B/A	Mon/Thurs	7 PM	St John the Baptist Ch, 112 Main St	
Thomaston	ST	Wed	7 PM	St John's Episcopal Ch, 200 Main St	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Tobique NB	D	Fri	7:30 PM	Tobique Rehab Ctr, on Reservation	
Tobique NB	D	Sun	7:30 PM	Church Basement Tobique Reserve	
Togus	D/SP/A	Mon	7 PM	USVA Hospital, Bldg 206, Rm 142	
Topsham	D	Wed	8 PM	United Baptist Ch, 1 Elm St	
Topsham	D	Sun	7 PM	United Baptist Ch, 1 Elm St	
Trenton	D	Fri	8 PM	Trenton Baptist Ch	
Turner	D/A	Tues	7 PM	Veterinary Hospital, 10 Business Parkway	
Union	D/A	Sat	8 PM	United Methodist Ch, Union Common	
Unity	D	Thurs	8 PM	Methodist Ch, 13 Depot St	
Van Buren	D	Mon	7 PM	Community Center, 130 Champlain St	
Veazie	D	Mon	8 PM	Veazie Community Ctr, 1005 Olive St	
Vinalhaven	D	Tues	7:30 PM	Union Ch, 25 East Main St	
Vinalhaven	BB/W/C	Tues	7 AM	Union Ch, 25 East Main St	
Waldoboro	Lit	Mon	8 AM	Broad Bay Congregational Ch, 941 Main St	
Waldoboro	ST	Thurs	6:30 PM	Broad Bay Congregational Ch, 941 Main St	
Warren	C/D/A	Tues	7 PM	Congregational Ch, Main St	
Warren	D/C	Thurs	7 PM	Maine State Prison, 870 Cushing Rd	
Warren	BB	Sat	12:30 PM	Maine State Prison, 870 Cushing Rd	
Warren	D	Sun	8:30 AM	Maine State Prison, 870 Cushing Rd	
Waterboro	GV/D	Fri	7 PM	Waterboro Town Hall, 24 Townhouse Rd	
Waterboro	SP/D/A	Mon	7 PM	St Stephen's Ch, Sokokis Rd, Rt 5	
Waterville	SP/A	Thurs	8 PM	Seton Hospital, Adolescent Unit, 30 Chase A	
Waterville	BB/ST	Mon	6:30 PM	United Methodist Ch, 61 Pleasant St	
Waterville	D	Wed	5 PM	Getchell Baptist Ch, Getchell St	
Waterville	SP	Sat	5 PM	United Methodist Ch, 61 Pleasant St	
Waterville	D/Lit	Mon-Fri	Noon	Mid Maine Homeless Shelter, 19 Colby St	
Waterville	D/ABSI	Sun	10 AM	Adolescent Center, Chase Ave	
Waterville	D	Fri	6 PM	Thayer Hospital, Dean Bldg, Rm 3 & 4	
Waterville	W/D	Wed	8:30 AM	United Methodist Ch, 61 Pleasant St	
Waterville	D	Wed	7 PM	St Joseph Ch, Front St	
Waterville	W/ST/C	Thurs	6:30 PM	United Methodist Ch, 61 Pleasant St	
Waterville	D	Tues-Fri	6:45 AM	United Methodist Ch, 61 Pleasant St	
Waterville	ST/C	Tues	8 PM	Lutheran Ch, 36 Cool St	
Waterville	D	Mon	7:30 AM	United Methodist Ch, 61 Pleasant St	
Waterville	ST/BB/D	Tues-Sat	10 AM	St Mark's Ch, 60 Eustis Parkway	
Waterville	D	Mon	10 AM	Advent Christian Ch, 4 Pleasant St	
Wells	D/C	Thurs	8 PM	Congregational Ch, 1695 Post Rd	
Wells	BB/D	Fri	7:30 PM	St Mary's Ch, 236 Eldridge Rd	
Wells	D/B/A	Sat	8 AM	St Mary's Ch, 236 Eldridge Rd	
Westbrook	B/D/A	Fri	7:30 PM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	D/SP/A	Tues	12:15 PM	Trinity Lutheran Ch, 612 Main St	
Westbrook	D/A	Sat	10 AM	Trinity Lutheran Ch, 612 Main Rd	
Westbrook	ST/D/A	Sun	10:30 AM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	C/M/D/A	Thurs	6:30 PM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	B/D/A	Thurs	8 PM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	SP/A	Sun	6:30 PM	Saccarappa Lodge, 573 Main St	
Westbrook	BB/A	Mon	6 PM	American Legion, 17 Dunn St	
Westbrook	D/C/A	Wed	6 PM	American Legion, 17 Dunn St	
Westbrook	SP/D/A	Sat	6:30 PM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	SP/D	Thurs	6:30 PM	Highland Lake Congregational Ch, Rt 302	
Westbrook	D/B	Wed	7:30 PM	St Anthony Parish Ed Ctr, 295 Brown St	
Whitfield N	SP	Sat	10 AM	St Dennis Ch, 298 Grand Army Rd, Rt 126	
Whiting	D	Mon	7 PM	Cobscook Friends Meeting House, Rte 189	

**AA**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Wilton	D	Sat	7:30 PM	St Lukes Ch Basement, 59 High St	
Wilton	D/C	Mon	7:30 PM	St Lukes Ch Basement, 59 High St	
Windham	BB	Sat	10 AM	St Ann's Episcopal Ch, River Rd	
Windham	B	Wed	7 PM	Smart Family Srvs, 86 Tanberg Trail	
Windham	D	Tues	7:30 PM	So Windham Community Ch, 31 Main St	
Windham	D/Lit	Sun	7:30 PM	St Ann's Episcopal Ch, River Rd	
Windham	Lit/D	Wed	Noon	N Windham Union Ch, 723 Roosevelt Trail	
Windham	BB	Mon	7:30 PM	Windham Union Ch, 723 Roosevelt Trail	
Windsor	BB/ST	Wed	6 PM	Memorial Baptist Ch, 9 Reed Rd, Rt 32	
Winslow	D	Thurs	5 PM	St John the Baptist Ch, Monument St	
Winslow	D	Sun	5 PM	St John the Baptist Ch, Monument St	
Winslow	D	Tues	6 PM	Congregational Ch, 26 Lithgow St	
Winslow	D	Sun	8:30 AM	Rec Hall behind Fire Station	
Winter Harbor	D	Tues	6 PM	Chart Room behind IGA, Main St	
Winterport	D	Fri	8 PM	St Gabriels Ch, Community House, Lower Main	
Winthrop	BB/ST	Thurs	7 PM	Mediation Center	
Winthrop	D/BB	Wed	9 AM	Congregational Ch, Pleasant St	
Winthrop	D	Fri	7 PM	Congregational Ch, 11 Bowdoin St	
Winthrop	D	Mon	7 PM	United Methodist Ch, Main St	
Winthrop	D/BB	Wed	9 AM	Congregational Ch, Pleasant St	
Winthrop	ST/D	Wed	7 PM	Congregational Ch, 11 Bowdoin St	
Winthrop	D	Thurs	8:30 PM	Practice Center, 280 Main St	
Wiscasset	SP	Tues	5 PM	St Phillip's Ch, 12 Hodge St	
Woodstock	BB/C	Thurs	8 PM	First Nation Health Ctr, 10 Turtle Lane	
Yarmouth	D	Mon	7:30 PM	First Congregational Ch, Main St	
Yarmouth	W/ST/C	Mon	5:30 PM	Unitarian Universalist Ch, 97 Main St	
Yarmouth	W/ST	Mon	7 PM	Church of the Nazarene, US Rt 1	
Yarmouth	B	Fri	7:30 PM	Sacred Heart Ch, 362 Main St	
Yarmouth	BB	Thurs	7:30 PM	St Bartholomew's Ch, Gilman Rd	
Yarmouth	B/C	Wed	7:30 PM	N Yarmouth Congregational Ch, 3 Gray Rd	
York	D	Mon	8 PM	Methodist Ch, 1026 US Rt 1	
York	ST/W/C	Sun	6 PM	Heart Health Ctr, York Hospital, Ellis Rm	
York	SP	Tues	7:30 PM	Methodist Ch, 1026 US Rt 1	
York Beach	BB/ST	Mon	7:30 AM	Union Congregational Ch, 29 Church St	
York Beach	ST/C	Tues	Noon	Union Congregational Ch, 29 Church St	
York Harbor	C/D	Wed	7:30 PM	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	BB	Sat	Noon	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	SP/B/D	Thurs	7:30 PM	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	ST	Fri	7:30 PM	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	SP	Last Sun	9 AM	York Harbor Inn, Rt 1A	
York Harbor	ST	Mon	6 PM	St George Episc Ch, Rt 1A, 407 York St	
York Village	SP/A	Sat	8 PM	York Hospital, Purple Bldg, 15 Hospital Dr	

**Abused Men**

Statewide				Battered Men Support Groups, Call for Info	1-877-643-1120 x757
Statewide				Domestic Abuse Helpline for Men	1-877-890-7788

**Abused Women**

Aroostook Cty				Aroostook Band of MicMacs Family Violence	1-800-750-1435
Aroostook Cty				Houlton Band Maliseet Domestic Violence	532-6401
Aroostook Cty			24 HRS	Hope & Justice Project	1-800-439-2323
Cumberland, Sagadahoc			24 HRS	Family Crisis Srvs/Call for Information	1-800-537-6066
Eastport				Passamaquoddy Peaceful Relations	1-877-853-2613
Franklin, Oxford Cty			24 HRS	Abused Women's Advocacy	1-800-559-2927

## Abused Women

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Hancock, Washington			24 HRS	Next Step Domestic Violence Project	1-800-315-5579
Kennebec, Somerset			24 HRS	Family Violence Project	1-877-890-7788
Knox, Lincoln, Waldo			24 HRS	New Hope for Women	1-800-522-3304
National			24 HRS	National Domestic Violence	1-800-799-7233
Penobscot				Penobscot Nation Domestic Violence	631-4886
Penobscot			24 HRS	Spruce Run	1-800-863-9909
Piscataquis			24 HRS	Woman Care	1-888-564-8165
Statewide				United Somali Women of Maine	207-753-0061
Statewide			24 HRS	Domestic Violence Helpline	1-866-834-4357
Washington Cty			24 HRS	Peaceful Choices	1-800-604-8692
York County			24 HRS	Caring Unlimited/Call for Information	1-800-239-7298

## Abuser Education

Augusta				Men's Work for Abusive Men	623-7252
Statewide	M		24 HRS	For Abusive Men (795-4020)	1-800-559-2927

## ACOA

Augusta	D			Therapeutic Support Grp (Call for Info)	623-8375
Rockland	D/SP	Wed	6:30 PM	Recreational Ctr, 61 Limerock St	

## Addiction/MH

Aroostook Cty				Peer Resource Ctr, Call for Information	1-888-565-5522
Statewide		Daily	24 HRS	Advocacy Incentive Network, Amistad	1-866-771-9276

## AIDS Counseling & Testing

Aroostook Cty				Aroostook County Action Program(768-3056)	1-800-432-7881
Auburn		Mon-Fri		Auburn/Lewiston STD Clinic (795-4019)	1-800-587-9354
Augusta		M/W/Th/F	7:30-4:30 PM	Horizon Program Medical Clinic	626-1051
Augusta		Mon-Fri	8-5 PM	AIDS Drug Assistance Program, ME CDC	287-3747
Bangor		Mon-Fri	8-5 PM	Eastern ME AIDS Network, 990-3626	1-877-990-3626
Bangor		Mon-Fri		Penquis CAP Health Services	973-3650
Bangor		Mon-Fri		Wabanaki Mental Health	990-0605
Bangor		Mon-Fri	8:30-4:30 PM	Bangor STD Clinic, 103 Texas Ave	992-4555
Belfast		M/W/Th	8:30-4 PM	Belfast Family Planning	338-3736
Brunswick				All about Prevention	725-4955
Calais				Downeast Health Services	454-3634
Damariscotta		Wed	10:30-6 PM	Damariscotta Family Planning	563-1224
Ellsworth			24 HRS	Downeast Health Services (667-3506)	1-800-669-0893
Farmington		Mon-Fri	8-4 PM	Western ME Community Action (778-4553)	1-800-587-9346
Fort Kent		Mon-Fri	8-5 PM	ACAP Health First	834-3513
Gardiner		Tues		Horizon Program, 150 Dresden Ave	626-1051
Houlton		Mon-Fri	8-5 PM	ACAP Health First	532-5303
Lewiston				St Mary's Reg Med Ctr, 99 Campus Ave	777-8507
Lubec		Mon-Fri	8-5 PM	Healthways HIV Program (733-5541)	733-1090 x2156
Machias				Downeast AIDS Network	255-5849
Portland		Mon-Thurs	9-5 PM	Frannie Peabody Ctr, 615 Congress St	749-6818
Portland		Mon-Fri	8-4 PM	Maine Medical Center	662-2099
Portland		Mon-Fri	8-4:30 PM	India Street Public Health Clinic	874-8446
Portland				Portland Public Hlth Infection & Disease	874-8791
Presque Isle		Mon-Fri	8-5 PM	ACAP Health First	768-3062
Rockland		M/T/Th/F	8:30-4:30 PM	Coastal Medical Clinic	594-6880
Wilton			24 HRS	Western ME Community Action (645-3764)	1-800-645-9636

## AIDS Support

Bangor		Mon-Fri	8-5 PM	Eastern ME AIDS Network, 80 Exchange St	990-3626
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## AIDS Support

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Ellsworth		Mon-Fri	8-4 PM	DownEast AIDS Network, 25 Pine St, Ste A	667-3506
Gardiner		Mon-Fri	9-5 PM	Horizon Program, 150 Dresden Ave	626-1051
Portland		Mon-Fri	9-5 PM	Frannie Peabody Ctr, 615 Congress St	749-6818

## Al anon

Auburn	D	Sat	7 PM	Grace Lutheran Ch, 757 Summer St	
Auburn	D	Wed	8 PM	St Philip's Ch, 2365 Turner Rd, Rt 4	
Augusta	D	Tues	7 PM	St Mark's Episcopal Ch, 9 Summer St	
Augusta	D	Wed	6 PM	Togus VA, Bldg 206, Rm 142	
Bangor	D	Fri	Noon	St John's Episcopal Ch, 234 French St	
Bangor	D	Mon	Noon	St John's Parish, 234 French St	
Bangor	ST/D	Wed	10 AM	Boyd's Place, 21 Boyd St	
Bangor	D	Thurs	7 PM	Hammond St Cong Ch, 28 High St	
Bangor	D	Sat	1 PM	St John's Episcopal Ch, 234 French St	
Bar Harbor	D	Tues	7 PM	First Baptist Ch, 46 Ledge Lane Ave	
Bar Harbor	D	Fri	7 PM	St Savior's Parish Hall, 41 Mt Desert St	
Bath	D	Thurs	7 PM	United Church of Christ, 150 Congress Ave	
Belfast	D	Sat	10 AM	St Margaret Lighthouse, 100 Court St	
Belfast	D	Mon	Noon	First Baptist Ch, 95 High St	
Belfast	D	Thurs	7 PM	First Baptist Ch, 95 High St	
Berwick S	D	Mon	10 AM	First Federated Ch, Academy St	
Biddeford	D	Tues	7:45 PM	Second Parish Congr Ch, 19 Crescent St	
Blue Hill	D	Sun	7 PM	Blue Hill Hospital Cafeteria, 57 Water St	
Brewer	D	Tues	5:30 B/6 PM	First United Methodist Ch, 40 S. Main St	
Bridgton	B/D	Tues	7 B/7:30 PM	St Joseph Catholic Ch, 225 High St	
Brunswick	D	Sun	7 PM	Good Shepard Lutheran Ch, 330 Maine St	
Brunswick	D	Sat	7:30 PM	St Paul's Episcopal Ch, 27 Pleasant St	
Brunswick	D	Mon	Noon	St Paul's Episcopal Ch, 27 Pleasant St	
Brunswick	D	Wed	10 AM	7th Day Adventist Ch, Fellowship Hall	
Brunswick	D	Fri	Noon	First Parish Ch Vestry, 9 Cleveland St	
Bucksport	D	Wed	7 PM	Congregational Ch, 31 Elm St	
Buxton	D	Tues	6:30 PM	North Congregational Ch, 22 Churchill Rd	
Calais	D	Wed	6:30 PM	Old Calais Hospital, 24 Hospital Lane	
Camden	D	Fri	7 PM	United Methodist Ch, 98 John St	
Camden	D	Tues	7 PM	Our Lady of Good Hope Ch, 7 Union St	
Cape Elizabeth	D	Fri	7 PM	St Alban's Episcopal Ch, 885 Shore Rd	
Cape Elizabeth	D	Thurs	7:30 PM	United Methodist Ch, 280 Ocean House, Rt 77	
Caribou	D	Sat	11 AM	Catholic Ch, 14 Old Van Buren Rd	
Columbia Falls	D	Wed	7 PM	Faith Methodist Ch, 444 US Rt 1	
Coopers Mills	D	Sun	7 PM	Sheepscot Valley Hlth Ctr, 47 Main St	
Damariscotta	D	Tues	7 PM	Mobius Bldg, Rt 1	
Damariscotta	D	Wed	6:30 PM	Miles Memorial Hosp, 35 Miles St	
Ellsworth	D	Tues/Thurs	Noon	Unitarian Universalist Ch, 121 Bucksport R	
Ellsworth	D	Mon	7 PM	First Congregational Ch, Church St	
Falmouth	B	Tues	6:30 PM	St Mary's Episcopal Ch, 43 Foreside Rd	
Falmouth	D	Fri	5:30 PM	St Mary's Episcopal Ch, 43 Foreside Rd	
Falmouth	D	Tues	7:30 PM	St Mary's Episcopal Ch, 43 Foreside Rd	
Farmington	D	Fri	7 PM	Franklin Memorial Hosp, Waldon Rm	
Farmington	D	Wed	7 PM	Franklin Memorial Hosp, Waldon Rm	
Farmington	D	Sun	7 PM	Franklin Memorial Hosp, Waldon Rm	
Fort Fairfield	D	Tues	7:30 PM	St Paul's Episcopal Ch, 66 Lower Main St	
Fort Kent	D	Fri	6:30 PM	Fort Kent Public Library, Main St	
Fort Kent	D	Mon	1 PM	Rock's Diner, 378 West Main St	

**Al anon**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Freeport	D	Wed	7:30 PM	First Parish Congregational Ch,40 Main St	
Fryeburg	D	Tues	10 AM	American Legion Hall, Bradley St	
Gardiner	D	Sun	5 PM	Boys & Girls Club, Use side entrance	
Gray	D	Wed	7 PM	St Gregory's Ch, Rt 26, North Raymond Rd	
Hancock	D	Wed	Noon	Union Congregational Ch, Rt 1	
Hartland	D	Wed	6:30 PM	Irving Tanning Community Ctr,Elm St	
Houlton	D	Wed	7 PM	Houlton Outreach Ctr, 18 Military St	
Kennebunk	D	Mon	8 PM	Advent Christian Ch, Sea Rd	
Kents Hill	D	Thurs	7 PM	Torsey Memorial Methodist Ch, Rt 17	
Kezar Falls	D	Wed	7 PM	Riverside Methodist Ch, 5 School St	
Kingfield	D	Mon	10:30 AM	United Methodist Ch, 51 High St	
Kittery Pt	D	Tues	7:30 PM	First Congregational Ch, 23 Pepperal Rd	
Lewiston	D	Wed	12:15 PM	Center for Wisdom's Women, 97 Blake St	
Limerick	D	Fri	7 PM	St Mathews Catholic Ch, 19 Dora St	
Madawaska	D	Wed	7 PM	Residence of 291 Newberry St, Suite 105	
Mexico	D	Thurs	10:15 AM	Congregational Ch, 43 Main St	
Millinocket	D	Tues	7 PM	I Care Ministries, 45 Spring St	
Monroe	D	Wed	7:30 PM	Monroe Ch, 26 West Main St	
Naples	D/B	Thurs	6:30 PM	United Methodist Ch, use side doors	
Newcastle	D	Wed	9 AM	Faith Baptist Ch, 144 Mills Rd, Suite 215	
Newcastle	D	Fri	9 AM	St Andrew's Ch, 11 Glidden St	
Norway	D	Wed	6:30 PM	Second Congregational Ch, 205 Main St	
Oakland	D	Fri	10:30 AM	Oakland Bapt Ch,47 Church St,Ministry Ctr	
Orrington	D	Fri	6 PM	Orrington Congreg Ch,58 Johnson Mills Rd	
Portland	D	Fri	9:30 AM	Trinity Episcopal Ch, 113 Coyle St	
Portland	D	Mon	6:30B/7:30PM	Clark United Methodist Ch,15 Pleasant Ave	
Portland	D	Wed	6 PM	St Pious Catholic Ch, 492 Ocean Ave	
Portland	D	Sun	7 PM	Mercy Hosp, Auditorium B2	
Portland	D	Tues	Noon	St Paul Guild Hall, 279 Congress St	
Portland	D	Wed	7 PM	First Baptist Ch, 360 Canco Rd	
Portland	D	Mon	10 AM	St Ansgar Evangelical Lutheran Ch	
Portland S	B/D	Sat	8:30B/9D AM	First Congregational Ch, 301 Cottage Rd	
Portland S	D	Sat	7 PM	First Congregational Ch, 301 Cottage Rd	
Readfield	D	Thurs	6:30 PM	United Methodist Ch	
Rockport	D	Sat	10 AM	Pen Bay Physician Bldg, Glen Cove Drive	
Rumford	D	Thurs	10:15 AM	Congregational Ch, 43 Main St	
Saco	D	Mon	10 AM	Trinity Episcopal Ch, 15 Cleaveland St	
Saco	D	Fri	8 PM	Trinity Episcopal Ch, 15 Cleaveland St	
Sanford	D	Fri	11 AM	St George's Episcopal Ch, Main St	
Sanford	D	Mon	7 PM	Holy Family Ch Basement, 66 North Ave	
Scarborough	D	Wed	10 AM	United Methodist Ch, 2 Church St	
Skowhegan	D	Tues	7 PM	Federated Ch, 12 Island Avenue	
Stonington	D	Thurs	9 AM	Island Community Ctr, 2 Memorial Lane	
SW Harbor	D	Sun	7 PM	SW Harbor Congregational Ch, High Rd	
Thomaston	D	Mon	7 PM	St John's Episcopal Ch, 200 Main St	
Van Buren	D	Tues	3 PM	St Peter's Parish, 180 Main St	
Waterville	D	Sun	10 AM	Inland Hosp, Ford Conf Rm, 200 KM Drive	
Waterville	D	Tues	7 PM	Inland Hosp, Ed Ctr, 200 KM Drive	
Waterville	D	Wed	Noon	St Mark's Ch, 60 Eustis Parkway	
Wells	D	Thurs	7:30 PM	Congregational Ch, 1695 Post Rd	
Winthrop	D	Mon	7 PM	United Methodist Ch, 12 Main St	
Yarmouth	D	Wed	10 AM	Congregational Ch, 3 Gray Rd	
York	D	Wed	10 AM	First Congregational Ch, York St	

**Al anon**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
York	D	Mon	7 PM	First Congregational Ch, York St	
York Harbor	D	Mon	7 PM	First Congregational Ch Hall, York St	

**Alateen**

Biddeford	D	Thurs	2:15 PM	Biddeford High School	
Deer Isle	D	Wed	11:30 AM	Deer Isle Stonington HS, 251 Deer Isle Rd	HS Students Only
Gardiner	D	Wed	3 PM	Boys & Girls Club, Use side entrance	
Livermore Falls	D	Tues	Varies	Livermore Falls High School, 34 Cedar St	
Norway	D	Sun	1 PM	Common Gound Counseling, 235 Main St	HS Students Only
Portland	D	Mon	6:30 PM	Trinity Episcopal Ch, 113 Coyle St	
Readfield	D	Mon	11:15 AM	Maranacook HS Health Ctr, 2250 Milland St	HS Students Only

**Chronic Pain**

Brunswick		1st/3rd Mon	6 PM	Mid Coast Hosp, 123 Medical Center Conf Rm	Jennifer 725-7854
Old Orchard Beach	D	3rd Thurs	11 AM	Pinewood Manor, Ocean Park	Evelyn 937-5020
Old Orchard Beach	D	1st Thurs	6 PM	Pinewood Manor, Ocean Park	Evelyn 937-5020
Old Orchard Beach	D	1st Thurs	6 PM	Pinewood Manor, Ocean Park	Evelyn 937-5020
Old Orchard Beach	D	3rd Thurs	11 AM	Pinewood Manor, Ocean Park	Evelyn 937-5020

**Cocaine Anonymous**

Portland	BB/D	Fri	5 PM	Immanuel Baptist Ch, 156 High St	
Portland	SP	Thurs	8 PM	Lost Coin Café, 70 Portland St	
Portland	SP/D	Sun	7 PM	Portland YMCA, 70 Forest Ave	
Portland	SP/D	Mon	7 PM	Portland YMCA, 70 Forest Ave	
Portland	D	Tues	7 PM	Portland Recovery Ctr, 468 Forest Ave	
Portland	D	Wed	Noon	Portland Recovery Ctr, 468 Forest Ave	
Westbrook	B/ST	Wed	8 PM	Mercy Recovery Ctr, 40 Park Rd	

**Codependents Anonymous**

Ellsworth Falls	D	Mon	Noon	Congregational Ch, Behind Sunrise Glass	
Portland	D	Tues	6 PM	MMC, Brighton Campus	
Portland	D	Fri	12:30 PM	Sacred Heart Ch, 80 Sherman St	

**Crystal Meth Anonymous**

Portland	D	Wed	Noon	Residence of 1342 Congress St	
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**Debtors Anonymous**

Augusta	D	Mon	7 PM	St Mark's Episcopal Ch, 9 Summer St	
Freeport	D	Sat	9 AM	First Parish Congregational Ch, 40 Main St	
Freeport	D	Wed	5:30 PM	First Parish Congregational Ch, 40 Main St	
Portland	D	Tues	7 PM	Woodfords Congr Ch, 202 Woodford St	

**Dual Recovery**

Augusta	D	Mon	Noon	Crisis & Counseling, 32 Winthrop St	215-0565
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**Faith Based**

Biddeford	D	Wed	6:30 PM	New Life Church, 551 Alfred St	Keith 730-1296
Saco	D	Mon	6:30 PM	Our Father's House, 325 North St	571-4981

**Families Anonymous**

Caribou	D	Wed	6 PM	Cary Medical Ctr, 163 Van Buren Rd	896-3028
Westbrook	D/A	Wed	6:30 PM	Mercy Recovery Ctr, 40 Park Rd	650-5468

**Food Addicts**

Augusta	D	Sun	6:30 PM	Alfond Ctr for Health Pavillion	Lenann C 623-8375
Augusta	D	Tues	6:30 PM	Prince of Peace Ch, 209 Eastern Ave	Joe 623-1924
Bangor	D/A	Mon	6 PM	Acadia Hosp, 268 Stillwater, Educ Svcs Rm	Ann 667-3303
Bath	D	Wed	9 AM	Bath PD Conference Rm, 250 Water St	Belita 512-5797

**Food Addicts**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Bath	D	Fri	6 PM	Bath PD Conference Rm, 250 Water St	Pamela 442-7557
Belfast	D	Mon	6:30 PM	Belfast Ctr, Rm 206, 9 Field St	Sue 338-4142
Blue Hill	D	Sat	8:30 AM	Blue Hill Consolidated School	Sharon 479-5750
Bowdoinham	D	Tues	6:30 PM	Long Branch School, 20 Main St	Rebecca 208-0318
Brunswick	D	Sat	9 AM	Mid Coast Hosp,123 Medical Center DrCnf 1	Shirley 865-9160
Brunswick	D	Mon	9 AM	St Paul's Episcopal Ch, 27 Pleasant St	Mel 729-3861
Ellsworth	D	Wed	6:30 PM	St Duston's Ch, 134 State St	Sharon 459-5750
Freeport	D	Thurs	9 AM	First Parish Congregational Ch,40 Main St	Sandi 838-8991
Lewiston	D	Thurs	6:30 PM	St Mary Reg Medical Ctr,Lepage Small	Jill 786-2171
Newcastle	D	Tues	6:30 PM	Faith Baptist Ch, 144 Mills Rd, Suite 215	Sue 563-6414
Rockland	D	Sat	8:30 AM	Knox Center,Rockland Rm, 6 White St	Shirley 354-6749
Scarborough	D	Tues	9 AM	St Maximilian Ch, 150 Black Point Rd	Kathy 883-4731
Topsham	D	Wed	7 PM	Mid Coast Presbyterian Ch,84 Main St	Katie 441-1550
Waterville	D	Fri	6:30 PM	Inland Hosp, Med Arts Bldg,200 KM Drive	Joe 623-1924
Westbrook	D	Mon	6:30 PM	Larrabee Village Adm Bldg, Liza Harmon Dr	Sandi 838-8991
Westbrook	D	Sat	8 AM	Larrabee Village Adm Bldg, Liza Harmon Dr	Jeanne 210-6400
Westbrook	D	Thurs	6:30 PM	Westbrook Community Ctr, 426 Bridge St	Roberta 839-6452

**Gambler's Anonymous**

Brewer	ST/O	Thurs	6 PM	The Barn, 142 Center St	Marvin 664-6071
Lewiston	D/C/A	Tues	6:30 PM	YWCA, 130 East Avenue	
Portland	D/C/A	Thurs	7 PM	Maine Medical Ctr, Dana Ctr, Class Rm 1	
York	D/A	Sat	9 AM	York Hosp,Hall House,gray bldg by helipad	

**Grief Support Group**

Statewide			24 HRS	Call 211 Maine	
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**HTLN AA**

Bath				Pine Tree Society, Meeting Interpret Svcs	443-3341 V&TTY
Fort Kent		Daily	6-12 PM	Twelve Step Recovery Club, 15 Costello Rd	506-739-7515
New York		Mon-Fri	8:30-4:45 PM	National General Service Office	212-870-3400
Portland				Signers Hearing Impaired(AA Central Srv )	774-4335
Statewide			9-5 PM	Statewide AA Meetings,Central Services	1-800-737-6237

**HTLN Abuse**

National			24 HRS	National Child Abuse Hotline	1-800-422-4453
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**HTLN AIDS**

Maryland	TTY	Mon-Fri	10AM-10PM	Center for Disease Control Information	1-800-243-7889
Maryland			24 HRS	Center for Disease Control (Spanish Line)	1-800-232-4636
Portland		Mon-Fri	9-5 PM	ME Civil Liberties, 401 Cumberland Ave	774-5444
Statewide		Mon-Fri	9-5 PM	Maine Statewide AIDS Hotline	1-800-851-2437

**HTLN AI anon**

Statewide				211 Maine	211
Virginia			24 HRS	AI Anon Family Group Headquarters	757-563-1600

**HTLN Anger Mngt**

Augusta				Men's Work, Call for Information	623-7252
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**HTLN Behavioral Health**

Statewide		Daily	24 HRS	Warm Line, Peer Support Specialists	1-866-771-9276
Statewide				National Alliance on Mental Illness Maine	1-800-464-5767

**HTLN Child Abuse**

National			24 HRS	Childheld USA, National Hotline	1-800-422-4453
Statewide			24 HRS	Reporting Child Abuse & Neglect	1-800-452-1999

**HTLN Drug Enforcement**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
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**HTLN Drug Enforcement**

Statewide			24 HRS	Bureau Intergovernmental Drug Enforcement	1-800-452-6457
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**HTLN Eating Disorders**

Portland				New England Eating Disorders Prg at Mercy	879-3795
Statewide				Mainely Girls (call for information)	230-0170

**HTLN Elderly**

Androscoggin Cty		Mon-Fri	8-5 PM	Seniors Plus, 8 Falcon Rd (795-4010)	1-800-427-1241
Aroostook Cty		Mon-Fri	8-4:30 PM	Aroostook Area Agency on Aging	1-800-439-1789
Cumberland, York		Mon-Fri	8-4:30 PM	Southern Maine Agency on Aging	1-800-427-7411
Kennebec Cty		Mon-Fri	8-4:30 PM	Spectrum Generations, One Weston Court	1-800-639-1553
Knox Cty		Mon-Fri	9-2 PM	Spectrum Generations, 61 Park St	596-0339
Lincoln Cty		Mon-Fri	8-3 PM	Coastal Community Ctr, 521 Main St	563-1363
Penobscot Cty		Mon-Fri	8-4:30 PM	Eastern Maine Agency on Aging, 450 Essex S	1-800-432-7812
Sagadahoc Cty		Mon-Fri	9-3 PM	Spectrum Generations, 12 Main St	729-0475
Somerset Cty		Mon-Fri	8-2 PM	Somerset Community Ctr, 30 Leavitt St	474-8552
Statewide			24 HRS	Reporting Elder Abuse	1-800-624-8404
Waldo Cty		Mon-Fri	8-4:30 PM	Waldo County Community Ctr, 18 Merriam Rd	338-1190

**HTLN Family Violence**

Kennebec				Family Violence Project	1-877-890-7788
National				Domestic Abuse Helpline for Men & Women	1-888-743-5754
Statewide			24 HRS	Domestic Violence Helpline	1-866-834-4357

**HTLN Gamblers**

National			24 HRS	National Council on Problem Gambling	1-800-522-4700
Portland			24 HRS	211 Maine	211
Statewide			24 HRS	Gamblers Anonymous	1-888-424-3577

**HTLN Homeless**

National			24 HRS	Homeless Crisis Hotline	800-438-3890
Statewide				Homeless Shelter Locations	1-800-452-4668

**HTLN Information**

Statewide			24 HRS	211 Maine	211
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**HTLN NA**

Statewide			24 HRS	Maine NA Meetings	1-800-974-0062
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**HTLN OA**

Portland			24 HRS	211 Maine	211
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**HTLN Parents**

Statewide				Parent Talk Line (799-2829)	1-800-249-5506
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**HTLN Poison**

Statewide			24 HRS	Northern New England Poison Center	1-800-222-1222
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**HTLN Rape**

Statewide			24 HRS	Sexual Assault Crisis & Support	1-800-871-7741
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**HTLN Runaways**

National			24 HRS	Runaway Hot Line	1-800-786-2929
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**HTLN Sex & Love Addict**

Portland			24 HRS	211 Maine	211
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**HTLN Smokers**

Statewide				Maine Tobacco Helpline	1-800-207-1230
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**HTLN Smokers Anonymous**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
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**HTLN Smokers Anonymous**

Portland			24 HRS	211 Maine	211
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**HTLN State Police**

Statewide			24 HRS	Maine State Police	1-800-452-4664
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**HTLN Substance Abuse**

National		Daily	12PM-3AM	SAMHSA/Treatment Referral Line	1-800-662-4357
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**HTLN Suicide**

National			24 HRS	National Suicide Prevention Initiative	1-800-273-8255
National			24 HRS	National Veteran's Crisis Line	1-800-273-8255 x1
Statewide			24 HRS	Statewide Crisis Hotline DHHS	1-888-568-1112

**HTLN Veterans**

Androscoggin Cty		Mon-Fri	8:30-5 PM	Lewiston Veterans Center, 35 Westminster	783-5306
Aroostook Cty		Mon-Fri	8:30-5 PM	Caribou Veterans Center, 37 Lombard Rd	492-1173
Cumberland Cty		Mon-Fri	8:30-5 PM	Portland Veterans Center, 475 Stevens Ave	878-2683
Machias				Machias Veteran's Srvs, 7 Court St, Ste 2	255-3306
National		Daily	24 HRS	National Veteran's Crisis Line	1-800-273-8255 x1
Penobscot Cty		Mon-Fri	8:30-5 PM	Bangor Veterans Ctr, 35 State Hospital Rd	947-3005
Rumford		2nd Thurs	9-12 AM	Rumford Medical Bldg, 431 Franklin St	369-3272
Statewide		Daily	24 HRS	Military Onesource	1-800-342-9647
Statewide		Daily	24 HRS	Maine Military & Community Network	1-888-365-9287
Waterville				Waterville Veteran's Srvs, Nt'l Guard Arm	872-7846
Windham		2nd/4th Wed	9-12 AM	Windhams Veteran's Ctr, 795 Roosevelt Trl	892-1159
York County		Mon-Fri	8:30-5 PM	Springvale Veterans Center, 628 Main St	324-1839

**Incest Survivor**

Augusta			24 HRS	Sexual Assault & Support Srvs (626-0660)	1-800-871-7741
Portland			24 HRS	Sexual Assault Response Srvs (774-3613)	1-800-313-9900

**Marijuana Anonymous**

Portland	ST	Sat	6:30 PM	Portland Recovery Ctr, 468 Forest Ave	
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**Mental Illness**

National		Mon-Fri	8-4:30 PM	National Alliance on Mental Illness	1-800-950-6264
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**NA**

Alfred	Lit/A	Thurs	8 PM	Notre Dame Spiritual Ctr, 147 Shaker Hill	
Alfred	D	Tues	7 PM	Notre Dame Spiritual Ctr, 147 Shaker Hill	
Augusta	D	Mon	7:30 PM	Grace United Methodist Ch, 13 Green St	
Augusta	D	Sat	6 PM	Riverview Psychiatric Hosp, 250 Arsenal St	
Augusta	D/Lit/C	Tues	5 PM	St Mark's Episcopal Ch, 9 Summer St	
Bangor	D/ST	Thurs	7 PM	Mana Inc, 629 Main St	
Bangor	ST/D	M/W/F	7 PM	Community Health & Counseling, 42 Cedar St	
Bangor	D/A	Sat	6:45 PM	EMMC, 489 State St, Bronwen Rm	
Bath	D/ST	Tues	7:30 PM	Church of the Nazarene, 191 Centre St	
Beals Island	ST	Sat	Noon	Community Ch of Christ, Church St	
Belfast	D	Mon	6:30 PM	First Church of Belfast, 55 Spring St	
Belfast	D	Thurs	6:30 PM	United Methodist Ch, 23 Mill Lane	
Belfast	D	Sat	10 AM	United Methodist Ch, 23 Mill Lane	
Brewer	D	Wed	7:30 PM	The Barn, 142 Center St	
Brewer	W	Mon	7:30 PM	The Barn, 142 Center St	
Brewer	ST	Sun/Tues	7 PM	First Congregational Ch, 35 Church St	
Brewer	D	Fri	6 PM	The Barn, 142 Center St	
Bridgton	D/Lit	Mon	7 PM	Community Center, 15 Depot St	

**NA**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Brunswick	B/D	Thurs	7 PM	Addiction Resource Ctr, 66 Baribeau Dr	
Casco	Lit	Mon	7 PM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Damariscotta	ST	Wed	7:30 PM	Miles Memorial Hosp, 3rd Fl Conf Rm	
Damariscotta	D	Fri	7:30 PM	Miles Memorial Hosp, 3rd Fl Conf Rm	
Ellsworth	D/ST	Mon	6:30 PM	Your Place, 8 Old Mill Rd	
Ellsworth	D/ST	Tues/Fri	7 PM	Your Place, 8 Old Mill Rd	
Ellsworth	D	Sun	7 PM	Your Place, 8 Old Mill Rd	
Farmington	D/A	Sat	9 AM	Franklin Memorial Hosp, Crosby Rm	
Farmington	ST	Tues	6:30 PM	Henderson Baptist Ch, 110 Academy St	
Farmington	ST/Lit/C	Thurs	7 PM	Franklin Memorial Hosp, 111 Health Common	
Fort Kent	D	Thurs	7:30 PM	Wellness Ctr, 83 W Main St	
Greenville	D/Lit	Tues	7 PM	CA Dean Hosp Café, 364 Pritham Ave	
Jonesport	D	Sun	7 PM	Community Ch of Christ, West Main St	
Kennebunk	D	Mon	7 PM	St David's Episcopal Ch, 138 York St	
Kennebunk	D/Lit	Sun	6:30 PM	Christ Church, 6 Dane St, Corner Rt 35	
Lewiston	D	Wed	5:45 PM	12 Hour Club, 120 Lisbon St	
Lewiston	D	Thurs	7 PM	Great Falls Counseling, 134 Main St	
Madawaska	D	Fri	7:30 PM	St John Valley Assoc, 291 Newbenry Dr	
Madawaska	D	Sun	2 PM	St John Valley Assoc, 291 Newberry Dr	
Mechanic Falls	D	Thurs	6 PM	Vineyard Ch, Rt 11, 121 Minot Ave	
Mexico	D	Wed	6 PM	Congregational Ch, 163 Main St	
Portland	ST	Tues	7 PM	Unitarian Universalist Ch, 159 State St	
Portland	D	Sat	9:30 AM	First Parish Unitarian Ch, 425 Congress St	
Portland	D	Tues	Noon	Portland Recovery Ctr, 468 Forest Ave	
Portland	ST	Thurs	7 PM	St Ansgar Litheran Ch, 515 Woodsford St	
Portland	D	Thurs	7 PM	Sacred Heart Ch, 80 Sherman St	
Portland	W/D/C	Sun	4 PM	Mercy Hosp, 144 State St	
Portland	D/A	Wed	7 PM	St Luke's Cathedral, 143 Park St Entrance	
Portland	D/C	Mon	7 PM	First Parish Unitarian Ch, 425 Congress St	
Portland	ST/D/C	Fri/Sat	7 PM	Immanuel Baptist Ch, 156 High St	
Portland	D	Thurs	7 PM	Sacred Heart Ch, 80 Sherman St	
Portland S	D	Tues/Thurs	Noon	Portland Recovery Ctr, 468 Forest Ave	
Presque Isle	D	Tues/Fri	7:30 PM	Academy House, 150 Academy St	
Rockland	D/B/ST	Wed	6:30 PM	St Peter's Episcopal Ch, 11 White St	
Rockland	D/C	Tues/Fri	6:30 PM	St Peter's Episcopal Ch, 11 White St	
Rumford	D	Sun	6 PM	Rumford Methodist Ch, 455 Linel St	
Saco	D	Tues	6:30 PM	Our Father's House, 325 North St	571-4981
Saco	SP/D	Wed	6:30 PM	Our Father's House, 325 North St	
Saco	ST	Wed	5:30 PM	Community Ctr, 1500 Ledgewood Terrace	
Thomaston	D	Mon	6:30 PM	St John's Episcopal Ch, Crn Main & Green	
Thomaston	D/C	Sat	6:30 PM	People's United Methodist Ch, 13 Chapel St	
Waterville	D/Lit/C	Fri	6 PM	First Congregational Ch, 7 Eustis Parkway	
Waterville	D	Tues	6:30 PM	St Mark's Ch, 60 Eustis Parkway	
Westbrook	D/A	Tues	7:30 PM	Mercy Recovery Ctr, 40 Park Rd	
York	B/D/SP	Thurs	7:30 PM	United Methodist Ch, 1026 US Rt 1	

**Nar Anon**

Bangor	D	Thurs	6:30 PM	St Francis Ctr, 294 Center St	
Rockland	D	Tues	6:30 PM	Rockland Public Library, 80 Union St	
Westbrook	D/A	Tues	6 PM	Mercy Recovery Ctr, 40 Park Rd	

**Nicotine Anonymous**

Bangor	D	Wed	6:30 PM	Maine Veterans Home, Conf Rm, Hogan Rd	
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**OA**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
<b>OA</b>					
Ashland	D	Thurs	7:30 PM	Community Library, 57 Exchange St	
Bangor	D	Mon	10 AM	Redeemer Lutheran Ch, 540 Essex St	
Bangor	D	Tues	6:30 PM	Hammond St Cong Ch, Harold Sinnott Rm	
Bangor	D	Sun	5 PM	St Joseph Hosp, 900 Broadway	
Bangor	D	Sat	10 AM	St Joseph Hosp, 900 Broadway	
Bangor	D	Thurs	Noon	Redeemer Lutheran Ch, 540 Essex St	
Bar Harbor	D	Mon	5 PM	St Savior's Parish Hall, 41 Mt Desert St	
Bath	D	Tues	Noon	United Church of Christ, 150 Congress Ave	
Belfast	D	Fri	Noon	First Baptist Ch, 95 High St	
Berwick S	D	Wed	7 PM	First Parish Federated Ch, 150 Main St	
Brunswick	D	Thurs	7 PM	St Paul's Episcopal Ch, 27 Pleasant St	
Brunswick	D	Sun	9 AM	Mid Coast Hosp, 123 Medical Center Dr	
Brunswick	D	Mon	5:30 PM	Seventh Day Adventist Ch, 335 Maine Ave	
Bucksport	D	Tues	6 PM	Congregational Ch, 31 Elm St	
Bucksport	D	Tues	6 PM	Congregational Ch, 31 Elm St	
Calais	D	Mon	7 PM	Methodist Ch, 849 Main St	
Camden	D	Tues	6:30 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Deer Isle	D	Tues	6 PM	Congregational Ch, Downstairs, Church St	
Dover Foxcroft	D	Thurs	6 PM	United Methodist Ch, 156 East Main St	
Ellsworth	D	Tues	7 PM	St Joseph's Catholic Ch, 231 Main St	
Fort Kent	D	Sat	2 PM	School of Religion, Pleasant St	
Harrington	D	Wed	7 PM	Harrington Health Ctr, 50 East Main St	
Houlton	D	Wed	6:30 PM	Houlton Regional Hosp, 20 Hartford St	
Houlton	D	Wed	5 PM	Residence of 34 Wilson Ave	
Kennebunkport	D	Sun	6 PM	Village Baptist Ch, 6 Maine St	
Kennebunkport	D	Wed	7 PM	First Congregational Ch	
Kennebunkport	D	Wed	7 PM	First Congregational Ch, 141 North St	
Lewiston	D	Sat	10 AM	CMMC, 12 High St, Conf Rm H	
Old Orchard Beach	D	Wed	7 PM	OOB Lion's Club, 128 Saco Ave	
Paris, S	D	Tues	9:30 AM	Trinity Lutheran Ch, 34 Buckfield Rd	
Patten	D/ST	Mon	9 AM	Residence of 25 Meadow Brook Apt 5	
Portland	D	Fri	6 PM	Woodsford Cong Ch, 202 Woodsford St	
Portland	D	Thurs	6 PM	Woodsford Congr Ch, 202 Woodsford St	
Portland	D	Tues	6:30 PM	Woodfords Congr Ch, 202 Woodford St	
Portland	D	Sun	7 PM	Brighton Medical Ctr, 335 Brighton Ave	
Portland	D/B	Sat	10 AM	MMC, Dana Ctr, 22 Bramhall St	
Rockland	D	Tues	6:30 PM	St Peter's Episcopal Ch, 11 White St	
Rockland	D	Sat	8:45 AM	St Peter's Episcopal Ch, 11 White St	
Scarborough	D	Mon/Thurs	10 AM	Scarborough Methodist Ch, Church St	
Searsport	D	Thurs	6:30 PM	First Congregational Ch, 8 Church St	
Stonington	D	Mon	11 AM	Old School, School St #43, Rm C	
Vinalhaven	D	Mon	5:30 PM	Vinal Haven Public Library, Carver St	
Waterville	D	Thurs	6:30 PM	First Congregational Ch, 7 Eutus Parkway	
York	D	Mon	7 PM	York Hospital ,Purple Bldg, 15 Hospital Dr	
York	D	Fri	10 AM	First Parish Ch, 180 York St	
York	D	Sat	8 AM & 9AM	York Hospital ,Purple Bldg, 15 Hospital Dr	
York	D	Fri	10 AM	First Parish Ch, 180 York St	

**Opioid Addiction**

Waterville	D	Tues	12:30 PM	Eskelund Ctr, Children's Home 93 Silver St	Oct, Dec, Feb, Apr, Jun
Waterville	D	Wed	12:30 PM	Eskelund Ctr, Children's Home 93 Silver St	Nov, Jan, Mar, May, Jul

**Parent Support**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
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**Parent Support**

Augusta	D	Mon	6:30 PM	MAAR Office, 295 Water St, Ste 101	Darren 621-8118
Bath				Coastal Economic Development, Parent Assis	1-800-221-2221
Boothbay Harbor	D	Thurs	5:30 PM	Congregational Ch, 125 Townsend Rd	
Farmingdale				Maine Parent Federation, 484 Maine Ave 2D	1-800-870-7746
Sanford				Southern ME Parent Awareness	1-800-564-9696
Statewide			24 HRS	Parents of Sexual Abused Children, MECASA	1-800-871-7741
Waterville				Families First Kennebec Child Abuse Couns	626-3428

**Recovery**

Augusta	D	Thurs	Noon	Grace United Methodist Ch, 13 Green St	458-4366
Bangor	ST	Mon	6 PM	Columbia St Baptist Ch, 63 Columbia St	Aron 902-2263
Belfast	D/Yth	Wed	5:30 PM	WCGH Ed Ctr, 118 Northport Ave, Classroom	Tim 567-3813
Lewiston	D	Thurs	6:30 PM	Pathway Vineyard Church, 12 Foss Rd	Torie 784-9500
Portland	D	Sun	1 PM	Hope Gate Way, 185 High St	Keenan 899-0392
Portland	D	Thurs	1 PM	Portland Recovery Ctr (Recovering Moms)	
Portland	D	Sat	10 AM	Portland Recovery Ctr, 468 Forest Ave	
Portland	D	Wed	9 AM	Lost Coin Café, 70 Portland St	
Portland	D	Mon-Fri	Noon	Portland Recovery Ctr, 468 Forest Ave	
Portland	D	Wed	Noon	Hope Gate Way, 185 High St	Ronni 756-8116
Skowhegan	D	Fri	1 PM	Youth & Family Svcs, 5 Commerce Dr	Wendy 474-8311 x111

**Recovery International**

Portland	D	Sat	10 AM	MMC, Dana Ctr, 22 Bramhall St, Rm 5	892-9529
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**Sex&Love Addiction**

Statewide			24 HRS	211 Maine	211
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**Sexual Abuse**

Southern ME			24 HRS	Sexual Assault Response Svcs of So ME	1-800-313-9900
Statewide			24 HRS	ME Coalition Against Sexual Assault	1-800-871-7741

**Smart Recovery**

Augusta	D	Wed	6 PM	Old Federal Bldg, 295 Water St	
Portland	D	Wed	7 PM	Portland Recovery Ctr, 468 Forest Ave	
Statewide				On line meeting <a href="http://www.smartrecovery.org">www.smartrecovery.org</a>	1-866-951-5357
Waterville	D	Thurs	7 PM	Mid-Maine Homeless Shelter, 19 Colby St	Darren 621-8118

**Social Club Consumer Support**

Augusta		Mon-Sat	Varies	LINC Social Club, 265 State St	626-5736
Bangor		Mon-Fri	8-4 PM	Together Place, 150 Union St Call for Info	941-2897
Bridgton				The Gathering Place, Bridgton Comm Ctr	583-5235
Brunswick		Daily	9-5 PM	Learning & Recovery Ctr, 174 Mere Pt Rd	373-4273
Caribou				Harvest Inn Social Club, 43 Hatch Dr	498-2347
Jay		Mon-Thurs	Varies	Friends Together Social Club, 70 Main St	897-1010
Kittery				Center for Life Enrichment, 453 US Rt 1	468-0147
Lewiston		Mon-Sat	Varies	Wellness Resource Ctr, 100 Pine St	795-6719
Madawaska				Valley Social Club, 272 Main St, Ste 101	728-4806
Portland		Mon-Sat	9-5 PM	Amistad, 66 State St, Call for Info	773-1956
Rumford		Daily	Varies	Beacon House, 150 Congress St	369-0868
Saco		Daily	Varies	Common Connections, 32 Alfred St	282-5455
Sanford		Daily	Varies	Harmony Support Center, 19 Washington St	490-5253
Waterville		Daily	Varies	Waterville Social Club, 32 Ticonic St	873-1027

**Survivors of Suicide**

Augusta	D	Mon-Fri	8-4:30 PM	Hospice Volunteers, ME General Medical Ctr	626-1700
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**Survivors of Suicide**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Belfast	D	As Needed		Hospice Volunteers Waldo Call for Info	338-2268
Brunswick	D			CHANS Hospice & Volunteers, Ctr for Grief	721-6782
Portland	D	2nd/4th Mon	7 PM	MMC, Dana Ctr, 22 Bramhall St	662-7323
Portland	D			Ctr for Grieving Children, 555 Forest Ave	775-5216
Rockport	D			Coastal Family Hospice, Call for Info	593-9355
Waterville	D	As Needed		Hospice Volunteers Waterville Call for In	873-3615

**Workaholics Anonymous**

Portland	D	Mon	6:30 PM	Portland Recovery Ctr, 468 Forest Ave	Every other Monday
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## **Self Help Groups Online (Updated Jan 2014)**

### **Adult Children of Alcoholics World Services Office**

PO Box 3216, Torrance, CA 90510

Telephone: (562) 595-7831

Web: [www.adultchildren.org](http://www.adultchildren.org)

Email: [www.adultchildren.org/contact](http://www.adultchildren.org/contact)

### **Alanon/Alateen Family Group Headquarters**

1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617

Telephone: (757) 563-1600

Web: [www.al-anon.alateen.org](http://www.al-anon.alateen.org)

Email: [wso@al-anon.org](mailto:wso@al-anon.org)

### **Alanon/Alateen (Maine)**

PO Box 3652, Portland, ME 04104

Telephone: 1-800-498-1844 or (207) 284-1844

Web: [www.maineafg.org](http://www.maineafg.org)

### **Alcoholics Anonymous World Service Office**

PO Box 459, New York, NY 10163

Telephone: (212) 870-3400

Web: <http://www.aa.org>

Email: [NortheastRegion@aa.org](mailto:NortheastRegion@aa.org)

### **Alcoholics Anonymous (Maine)**

#### **AA Central Service Office**

47 Portland Street, Portland, ME 04101

Telephone: 1-800-737-6237 or (207) 774-4335

Web: <http://www.csoaamaine.org>

Email: [cso@csoaamaine.org](mailto:cso@csoaamaine.org)

### **Cocaine Anonymous World Service Office**

PO Box 492000, Los Angeles, CA 90049-8000

Telephone: (310) 559-5833

Web: <http://www.ca.org>

Email: [cawso@ca.org](mailto:cawso@ca.org)

### **Codependents Anonymous Fellowship Services**

PO Box 33577, Phoenix, AZ 85067-3577

Telephone: (888) 444-2359

Web: <http://www.coda.org>

Email: [info@coda.org](mailto:info@coda.org)

**Crystal Meth Anonymous**

CMA General Services

4470 W. Sunset Blvd., Suite 107, PMB 555

Los Angeles, CA 90027-6302

Telephone: (855) 638-4373

Web: <http://www.crystalmeth.org>

Email: [www.crystalmeth.org/contact-us.html](http://www.crystalmeth.org/contact-us.html)

**Families Anonymous**

701 Lee Street, Suite 670, Des Plaines, IL 60016-4508

Telephone: 1-800-736-9805

Web: <http://www.FamiliesAnonymous.org>

Email: [famanon@FamiliesAnonymous.org](mailto:famanon@FamiliesAnonymous.org)

**Food Addicts in Recovery Anonymous World Service Office**

400 W. Cummings Park #1700, Woburn, MA 01801

Telephone: (781) 932-6300

Web: <http://www.foodaddicts.org>

Email: [fa@foodaddicts.org](mailto:fa@foodaddicts.org)

**Food Addicts in Recovery Anonymous, Maine Chapter**

PO Box 1722, Scarborough, ME 04070

Telephone: 1-888-998-5297 or (207) 775-2132

Email: [meoffice@foodaddicts.org](mailto:meoffice@foodaddicts.org)

**Gamblers Anonymous International Service Office**

PO Box 17173, Los Angeles, CA 90017

Telephone: (626) 960-3500

Web: <http://www.gamblersanonymous.org>

Email: [isomain@gamblersanonymous.org](mailto:isomain@gamblersanonymous.org)

**Marijuana Anonymous World Services**

PO Box 7807, Torrance, CA 90504

Telephone: 1-800-766-6779

Web: <http://www.marijuana-anonymous.org>

Email: [office@marijuana-anonymous.org](mailto:office@marijuana-anonymous.org)

**Methadone Anonymous**

Methadone Support Org.

10034 E. Evans Drive, Scottsdale, AZ 85260

Telephone: (480) 361-5489

Web: <http://www.methadonesupport.org>

Email: [Carol@methadonesupport.org](mailto:Carol@methadonesupport.org)

**Narcotics Anonymous World Service Office**

PO Box 9999, Van Nuys, CA 91409

Telephone: (818) 773-9999 ext.135

Web: <http://www.na.org>

Email: [fsmail@na.org](mailto:fsmail@na.org)

**Maine Area Narcotics Anonymous**

MASCNA

PO Box 5309, Portland, ME 04101

Telephone: 1-800-974-0062

Web: <http://www.namaine.org>

Email: <http://namaine.org/contact.html>

**Nar-Anon Family Group Headquarters**

22527 Crenshaw Blvd, Suite 200 B, Torrance, CA 90505

Telephone: 1-800-477-6291 or (310) 534-8188

Web: <http://www.nar-anon.org>

Email: [wso@nar-anon.org](mailto:wso@nar-anon.org)

**National Alliance on Mental Illness (NAMI)**

3803 N. Fairfax Dr., Suite 100, Arlington, VA 22203

Telephone: 1-800-950-6264 or (703) 524-7600

Web: <http://www.nami.org>

**National Alliance on Mental Illness (NAMI Maine)**

1 Bangor Street, Augusta, ME 04330

Telephone: 1-800-464-5767 or (207) 622-5767

Web: <http://www.namimaine.org>

Email: [.info@namimaine.org](mailto:.info@namimaine.org)

**Nicotine Anonymous World Services**

6333 E. Mockingbird, #147-817, Dallas, TX 75214

Telephone: (877) 879-6422

Web: <http://www.nicotine-anonymous.org>

Email: [info@nicotine-anonymous.org](mailto:info@nicotine-anonymous.org)

**Overeaters Anonymous World Service Office**

PO Box 44020, Rio Rancho, NM 87174-4020

Telephone: (505) 891-2664

Web: <http://www.oa.org/>

Email: <http://www.oa.org/contact.php>

**Rational Recovery**

Box 800, Lotus, CA 95651

Telephone: (530) 621-2667

Web: <http://www.rational.org>

Email: <http://www.rational.org/contact.php>

**Secular Organizations for Sobriety (SOS)**

4773 Hollywood Blvd, Hollywood, CA 90027

Telephone: (323) 666-4295

Web: <http://www.cfiwest.org/sos>

Email: [sos@cfiwest.org](mailto:sos@cfiwest.org)

**Sex and Love Addicts Anonymous**

1550 NE Loop 410, Suite 118, San Antonio, TX 78209

Telephone: (210) 828-7900

Web: <http://www.slaafws.org>

Email: [www.slaafws.org/contact/General+Questions](http://www.slaafws.org/contact/General+Questions)

**TOPS (Take Off Pounds Sensibly)**

4575 South Fifth St. PO Box 70360, Milwaukee, WI 53207

(414) 482-4620

Web: <http://www.tops.org/FindAMeeting.aspx>

Email: [wondering@tops.org](mailto:wondering@tops.org)

**Workaholics Anonymous World Service Organization**

PO Box 289, Menlo Park, CA 94026-0289

Telephone: (510) 273-9253

Web: <http://www.workaholics-anonymous.org>

Email: [wso@workaholics-anonymous.org](mailto:wso@workaholics-anonymous.org)

**Workaholics Anonymous (Maine)**

Web: <http://sites.google.com/site/waportlandme/>

Email: [WAPortlandME@gmail.com](mailto:WAPortlandME@gmail.com)

## Support Group Additions/Deletions/Changes

If you know of a support group not listed here or know of changes to a current listing, please **fax (207) 287-8910** or mail this form to:

SAMHS, Information & Resource Center

41 Anthony Avenue, SHS 11

Augusta, ME 04333

We can also be reached at: 1-800-499-0027 or TTY: 711 or

Email: [osa.ircosa@maine.gov](mailto:osa.ircosa@maine.gov)

Your name and telephone number (for verification purposes only)

\_\_\_\_\_  
Phone: \_\_\_\_\_

This is a meeting:      Addition      Deletion      Change

Type of Meeting: \_\_\_\_\_

Circle the meeting descriptions that apply to this meeting:

Accessible	Closed	Literature	Speaker
As Bill Sees It	Discussion	Meditation	Step
Beginners	Gay/Lesbian	Men Only	Tag
Big Book	Grapevine	Sign Language	Women Only
Child Care	Interpreted	Spanish/French	Youth

Day of the week the meeting occurs: \_\_\_\_\_

Time of day: \_\_\_\_\_ AM or PM

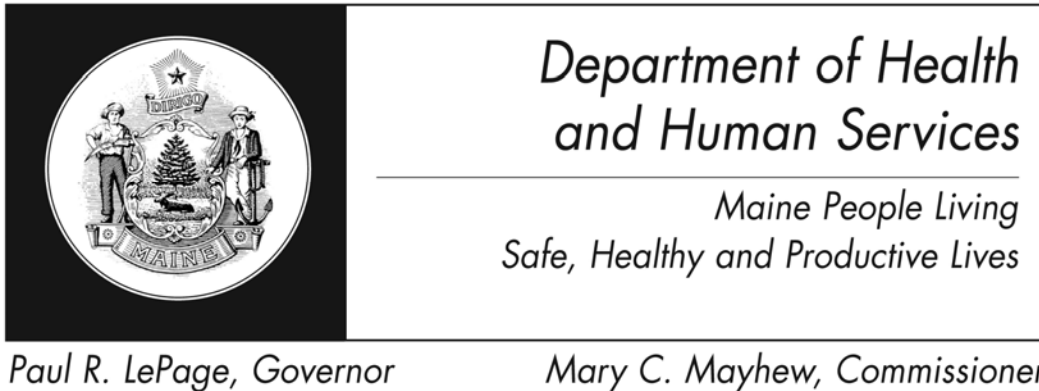
City or town in which the meeting takes place: \_\_\_\_\_

Location of the meeting (please include building name, street or road name and number):

\_\_\_\_\_

Optional: Contact person and telephone number (to be listed in our public listing):

\_\_\_\_\_



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